

BRIDGETON PUBLIC SCHOOLS
HEALTH
UNIT/PACING CHART
GRADE 9

Unit: Family Life Education
Section 1: Values and Goal Settings

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1 day	2.2.12.B.1 2.2.12.C.2 2.2.12.A.1 2.4.12.A.3	Lesson 1: Personal Value System Objective(s) SWBAT <ul style="list-style-type: none"> • Define the responsible values that make up a good character by completing a graphic organizer. • Evaluate his/her value system by completing corresponding worksheet. • Define their goals by creating a personal goal/value model. 	Lesson 1: <ul style="list-style-type: none"> • Setting goals handout • Value and Conflict Chart • A Teen's Guide to Sexuality pages 2-8 	<ul style="list-style-type: none"> • Journaling • Class participation • Completion of handout.

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1 day	2.2.12.A.1 2.2.12.A.2 2.2.12.C.1 2.2.12.C.2	Lesson 2: Group Contributions and Strengths Objective(s): SWBAT <ul style="list-style-type: none"> Identify the skills of active listening by participating in a student lead class discussion. Evaluate personal participation as both a leader and a follower by completing activity checklist. Employ strategies to improve communication skills and listening skills by participating in an I-message activity. Demonstrate decision making skills by participating in a role play activity. 	Lesson 2: <ul style="list-style-type: none"> Activity Checklist A Teen's Guide to Sexuality pages 9-17 Role play scenario cards I message activity sheet 	<ul style="list-style-type: none"> Journaling Class participation Completion handout. Completion of checklist

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Section 2: Puberty/Adolescence

TIMELINE	NJCCCS	SKILLS/CONTENT OBJECTIVES	TEACHER'S GUIDE/ SUPPLEMENTAL MATERIALS	ASSESSMENTS
2 days	2.1.12.D.2 2.1.12.E.1 2.1.12.E.2 2.4.12.A.2 2.4.12.A.4 2.4.12.A.5 2.4.12.A.6 2.4.12.B.4	Lesson 1: Healthy Relationships Objective (s): SWBAT <ul style="list-style-type: none">• Identify risk factors for harmful and violent relationships by completing related worksheet.• Describe how relationships evolve over time including marriage, dating, friendships, and family.• Identify the risk of social media and other technologies in relationships.• Identify attitudes and beliefs about gender identity, sexual orientation, and gender equity across cultures.	Lesson 1: <ul style="list-style-type: none">• A Teen's Guide to Sexuality pages 18-50• Harmful relationship worksheet• Safe Dates handouts pages 1,5,7,14,16-18, 24,25,38.	<ul style="list-style-type: none">• Journaling• Class participation• Completion of handout.

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Section 2: Puberty/Adolescences

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1 day	2.1.12.A.1 2.4.12.B.5	Lesson 2: Female Reproductive Health Objective (s): SWBAT <ul style="list-style-type: none"> • Explain the function of each of the female reproductive organs by completing a worksheet. • Identify the function and process of the menstrual cycle by viewing menstrual chart. • Recognize habits that protect female reproductive health by discussion and related activities. 	Lesson 2: <ul style="list-style-type: none"> • A Teen's Guide to Sexuality pages 64-79 • Female Reproductive Health worksheet • Menstrual Cycle Chart • Chapter 5 Review • Breast Examination Diagram 	<ul style="list-style-type: none"> • Journaling • Class participation • Completion of handout.

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Section 2: Puberty/Adolescences

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1 day	2.1.12.A.1 2.4.12.B.5	Lesson 3: Male Reproductive Health Objective(s): SWBAT <ul style="list-style-type: none"> Explain the function of each of the male reproductive organs by completing a worksheet. Recognize habits that protect male reproductive health by discussion and related activities. 	Lesson 3: <ul style="list-style-type: none"> A Teen's Guide to Sexuality pages 52-63 Female Reproductive Health worksheet Chapter 5 Review Testicular Examination Diagram 	<ul style="list-style-type: none"> Journaling Class participation Completion of handout.

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Section 3: Pregnancy and Childbirth

TIMELINE	NJCCCS	SKILLS/CONTENT OBJECTIVES	TEACHER'S GUIDE/ SUPPLEMENTAL MATERIALS	ASSESSMENTS
2 days	2.4.12.C.3 2.4.12.C.4 2.4.12.C.6	Lesson 1: Stages of Pregnancy Objective(s): SWBAT <ul style="list-style-type: none">• Understand the concept of fertilization by completing a worksheet.• Identify the symptoms of pregnancy by participating in class discussion and class activities.	Lesson 1: <ul style="list-style-type: none">• A Teen's Guide to Sexuality pages 138-161• Fertilization, embryo, fetus worksheet• Signs of Pregnancy handout	<ul style="list-style-type: none">• Journaling• Class participation• Completion of handout• Chapter 9 Review
2 days	2.4.12.C.1	Lesson 2: Fetal Development Objective (s): SWBAT <ul style="list-style-type: none">• Describe the development of the embryo and fetus by completing a handout.• Visualize the stages of fetal development by viewing the fetal replicas.• Understand the childbirth process by viewing a video.	Lesson 2: <ul style="list-style-type: none">• A Teen's Guide to Sexuality pages 138-161• Fetal replicas• Fetal development handout• Video-"Miracle of Life"	<ul style="list-style-type: none">• Journaling• Class participation• Completion of video report

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TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1 days	2.3.12.C.2	Lesson 3: Childbirth Objective (s): SWBAT <ul style="list-style-type: none"> Identify and explain the three stages of labor by completing a handout. Describe the risks associated with teen pregnancy by discussing real-life scenarios. 	Lesson 3: <ul style="list-style-type: none"> A Teen's Guide to Sexuality pages 138-161 Stages of labor handout Real-life scenarios "40 Weeks" Childbirth video 	<ul style="list-style-type: none"> Journaling Class participation Completion of handout. Scenario reflection Video Questionnaire
1 day	2.4.12.C.5 2.4.12.C.7	Lesson 4: Parental Responsibilities Objective (s): SWBAT <ul style="list-style-type: none"> Identify the demands of raising a child through reading and class discussion. Analyze trends in teen pregnancy by participating in group research and presentation. 	Lesson 4: <ul style="list-style-type: none"> A Teen's Guide to Sexuality pages 138-161 Internet Classroom resources on teen pregnancy 	<ul style="list-style-type: none"> Journaling Class participation Completion of handout. Group presentation

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Section 4: Contraception

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1 day	2.4.12.B.1 2.4.12.B.2	Lesson 1: Abstinence Objective(s) SWBAT <ul style="list-style-type: none">• Explain why abstinence from sex is the expected standard for teens to maintain a healthy lifestyle.	Lesson 1: <ul style="list-style-type: none">• A Teen's Guide to Sexuality pages 162-202• Speaker-Teen Center• Writing sample on solution to Cumberland County pregnancy rate.	<ul style="list-style-type: none">• Journaling• Class participation• Speaker information report• Written Assessment
2 days	2.1.12.A.2 2.4.12.B.3	Lesson 2: Methods Objective(s) SWBAT <ul style="list-style-type: none">• Identify various types of birth control by completing a contraception chart.• State facts about the different birth control methods by designing a poster/presentation.	Lesson 2: <ul style="list-style-type: none">• A Teen's Guide to Sexuality pages 162-202• Contraception chart• Poster/Presentation	<ul style="list-style-type: none">• Journaling• Class participation• Poster Rubric• Presentation Rubric

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Section 5: Sexually Transmitted Diseases

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
2 days	2.1.12.A.1 2.1.12.C.1 2.1.12.C.2	Lesson 1: Sexually Transmitted Diseases Objective(s) SWBAT <ul style="list-style-type: none"> Identify and discuss risk behaviors and risk situations for transmission of STDs by participating in a group activity Discuss the cause, transmission, symptoms, diagnosis, and treatment for common STDs by completing a graphic organizer. 	Lesson 1: <ul style="list-style-type: none"> A Teen's Guide to Sexuality pages 80-103 "It Keeps on Spreading" activity STD Power point STD Graphic organizer STD Term Worksheet 	<ul style="list-style-type: none"> Journaling Class participation Participation in class activity. Completion of graphic organizer.
1 day	2.1.12.A.1 2.1.12.C.1 2.1.12.C.2 2.3.12.B.5	Lesson 2: HIV/AIDS Objective(s) SWBAT <ul style="list-style-type: none"> Identify ways HIV is transmitted by completing a transmission map. Discuss treatment for HIV infections and AIDS by completing a worksheet. 	Lesson 2: <ul style="list-style-type: none"> A Teen's Guide to Sexuality pages 104-119 HIV/AIDS transmission Map. HIV/AIDS worksheet PBS HIV/AIDS video "Frontline AIDS" 	<ul style="list-style-type: none"> Journaling Class participation Completion of map. Completion of worksheet. Completion of film report.

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Mid-term

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1 day	All previously mentioned 9th grade CCCS	Lesson 1: Mid-term Review Objective(s) SWBAT <ul style="list-style-type: none"> • Demonstrate their knowledge of Human Sexuality by completing a review worksheet • participate in 9th grade Jeopardy Review 	Lesson 1: <ul style="list-style-type: none"> • Review Worksheet • Jeopardy Review game 	<ul style="list-style-type: none"> • Completion of worksheet
1 day	All previously mentioned 9th grade CCCS	Lesson 2: Midterm Objective(s) SWBAT <ul style="list-style-type: none"> • Demonstrate their knowledge of Human Sexuality by completing written exam. 	Lesson 2: <ul style="list-style-type: none"> • Mid-term Exam 	<ul style="list-style-type: none"> • Mid-term Exam grade