

Scope and Sequence

Chapter #/Title	# of Days
Soccer	
History, rules, safety and terminology	1
Dribbling, Passing, trapping	2
Shooting	1
Lead-up activities	2
Game/tournament	4
Softball	
History, rules, safety and terminology	1
Throwing and catching	1
Hitting and base running	1
Lead-up activities/games	2
Track and Field	
History, rules, safety and terminology	1
Shot Put	1
Long Jump	1
Running events	2
Flag football	
History, rules, safety and terminology	1
Receiving and catching	2
Passing and throwing	2
Modified games	2
Game/tournament	3
Wall Climbing	
Safety and terminology	1
Team Building Activities	3
Harness	2
Commands	1
Wall Climbing	3
Volleyball	
History, rules, safety and terminology	1
Serving	1
Bump/forearm pass and set/overhead pass	1
Lead-up activities	2
Game/tournament	3
Basketball	
History, rules, safety and terminology	1

Dribbling and Passing	1
Shooting	1
Lead-up activities	2
Game/tournament	3
Interactive games	
History/Origin	1
Introduction of activity	1
Lead-up activities	2
Activity	6
Rhythms	
History/Origin	1
Introduction of dance/activity	1
Dance/activity sequences	2
Presentation of dance/activity	1
Midterm	# of Days
NA	
Chapter #	# of Days
NA	
.....	
Final Exam	# of Days
Physical Education 9	1
Total Number of Days	# of Days
	70