

BRIDGETON PUBLIC SCHOOLS
HEALTH
UNIT/PACING CHART
GRADE 11

Unit: Advanced Driver Education/Wellness

Section 1: Driving Safety: Advanced Simulator Driving

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
2 days	2.1.12.D.4 2.1.12.D.5 2.2.12.B.2	Lesson 1: Safe Driving Techniques Objective(s) SWBAT: <ul style="list-style-type: none"> • Identify safe driving techniques by participating in class discussion. • Identify strategies for correcting specific driving techniques by participating in simulator introductory session. • React to various risky driving situations by driving the simulator vehicle. 	Lesson 1: <ul style="list-style-type: none"> • Teacher notes • Simulator Vehicle • Starting Right film 	<ul style="list-style-type: none"> • Journaling • Class participation • Simulator quiz

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Section 2: Buying a Car

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
2 days	2.1.12.D.4 2.1.12.D.5 2.2.12.B.2	Lesson 1: Purchasing a Vehicle Objective(s) SWBAT: <ul style="list-style-type: none"> • Identify items of concerns when purchasing a vehicle by viewing a video and completing corresponding worksheet. • Identify the financial responsibilities of purchasing a vehicle by calculating the monthly expenses of various vehicles. • React to various risky driving situations by driving the simulator vehicle. 	Lesson 1: <ul style="list-style-type: none"> • Buying a Car Activity • “Never Pay the Sticker Price Video” • TV/VCR • Calculator • Reference Sheet • “Risk Assessment” Film 	<ul style="list-style-type: none"> • Journaling • Class Participation • Activity Grade • Simulator Quiz
1 day	2.1.12.D.5 2.2.12.B.2	Lesson 2: Insurance Coverage Objective(s) SWBAT: <ul style="list-style-type: none"> • Understand the range of insurance coverage available by completing a sample insurance plan. 	Lesson 2: <ul style="list-style-type: none"> • Buying a Car Activity • Sample Insurance plan 	<ul style="list-style-type: none"> • Journaling • Class Participation • Written Quiz

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Section 3: Nutrition

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
<p style="text-align: center;">1 day</p>	<p>2.1.12.B.2 2.2.12.E.1</p>	<p>Lesson 1: Influence on Food Choices</p> <p>Objective(s) SWBAT:</p> <ul style="list-style-type: none"> • Identify influences on food choices by participating in class discussion and note taking activity • Analyze influences that the media has on food choices by participating in class group activity. • React to various risky driving situations by driving the simulator vehicle. 	<p>Lesson 1:</p> <ul style="list-style-type: none"> • Glenco Health Page 110-113 • Note paper • Magazines • Scissors • Poster Board • Glue • Markers/Crayons • “Rural Roadways” Film 	<ul style="list-style-type: none"> • Journaling • Class participation • Group work project • Simulator Quiz

<p>1 day</p>	<p>2.1.12.B.3</p>	<p>Lesson 2 : Nutrients</p> <p>Objective(s) SWBAT:</p> <ul style="list-style-type: none"> • Describe the functions of the six basic nutrients in maintaining health by participating in class activities. • Set goals for healthy eating by analyzing the school lunch menu. 	<p>Lesson 2:</p> <ul style="list-style-type: none"> • Glenco Health Page 114-121 • New Food Pyramid • Note paper • School menu • Analyzing Worksheet (Ch. 5) 	<ul style="list-style-type: none"> • Journaling • Class participation
<p>2 days</p>	<p>2.1.12.B.1 2.1.12.B.3</p>	<p>Lesson 3: Food and Healthy Living</p> <p>Objective(s) SWBAT:</p> <ul style="list-style-type: none"> • Evaluate the concepts of balance, variety and moderation, using the food Guide Pyramid and dietary guidelines by participating in class activities. • Utilize the information on food labels by participating in class activities. • Develop and analyze strategies related to the prevention of food borne illness by participating in class discussion. 	<p>Lesson 3:</p> <ul style="list-style-type: none"> • Glenco Health Page 130-136 • New Food Pyramid • Food Label • Analyzing Worksheet(Ch. 5) 	<ul style="list-style-type: none"> • Journaling • Class participation • Written Quiz

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Section 4: Diseases and Health Conditions

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
2 days	2.1.12.C.1 2.1.12.C.2 2.1.12.C.3	Lesson 1: Health Conditions: Body System Responses Objective(s) SWBAT: <ul style="list-style-type: none"> • Differentiate between communicable and non-communicable diseases by identifying different types of pathogens that cause common diseases on a graphic organizer • Identify common communicable and non-communicable diseases. • Analyze strategies for reducing the risk of contracting some communicable disease by participating in class discussion and making a poster. 	Lesson 1: <ul style="list-style-type: none"> • Glenco Health Pages 622-631 • Graphic Organizer • Chapter 24 Vocabulary • Poster board • Markers/Crayons 	<ul style="list-style-type: none"> • Journaling • Class participation • Poster • Poster Presentation

<p>1 day</p>	<p>2.1.12.C.2 2.1.12.C.4</p>	<p>Lesson 2: Diagnosis and Treatments and Health Services</p> <p>Objective(s) SWBAT:</p> <ul style="list-style-type: none"> • Examine how the body protects itself against invading pathogens by participating in class discussions • Apply strategies for caring for your immune system and preventing disease by having students list the vaccines teen should have up to date. • Compare and analyze the cost, availability, and accessibility of health services by discussing how people pay for these services through class discussion. • React to various risky driving situations by driving the simulator vehicle. 	<p>Lesson 2:</p> <ul style="list-style-type: none"> • Glenco Health Page 632-634 • Glenco Health pages 54-59, 64-66 • Vaccine Pamphlets from Teen Center • “In and Out of Turns” Film 	<ul style="list-style-type: none"> • Journaling • Class participation • Written Quiz • Simulator Quiz
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Section 5: Substance Abuse

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
2 days	2.3.12.B.1 2.3.12.C.1 2.3.12.C.2 2.3.12.C.3	Lesson 1: Tobacco Use Objective(s) SWBAT: <ul style="list-style-type: none">Identify the various types of tobacco products and the effects they have on the body by participating in class discussion.Develop strategies for preventing the use of tobacco products by participating in class activities	Lesson 1: <ul style="list-style-type: none">Glenco Health Page 538-555Activity 78, 79 (Ch 23)Chapter 23 Study Guide	<ul style="list-style-type: none">JournalingClass participationCompletion of worksheets

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
2 days	2.3.12.B.1 2.3.12.B.2 2.3.12.B.3 2.3.12.B.4 2.3.12.C.1 2.3.12.C.2 2.3.12.C.3	Lesson 2: Alcohol Abuse Objective(s) SWBAT: <ul style="list-style-type: none"> • Analyze the physical, mental, social, and legal consequences of alcohol use by participating in class discussion. • Examine the long and short term effects on alcohol use by completing a graphic organizer. • Apply responsible decision making skills by evaluating the risks and consequences of drinking and driving. • Identify ways to prevent and treat alcoholism and alcohol use by assessing community health services. 	Name of Resource and Page #'s <ul style="list-style-type: none"> • Glenco Health Page 560-578 • Activity 80, 81, 82 (Ch. 22) • Study Guide (Ch 22) • “Crash Avoidance” Film 	<ul style="list-style-type: none"> • Journaling • Class participation • Completion of worksheets • Written quiz • Simulator Quiz

<p>2 days</p>	<p>2.2.12.E.2 2.3.12.A.1 2.3.12.A.2 2.3.12.A.3 2.3.12.B.1 2.3.12.B.2 2.3.12.B.4 2.3.12.C.1 2.3.12.C.2 2.3.12.C.3</p>	<p>Lesson 3: Drugs and Medicine</p> <p>Objective(s) SWBAT:</p> <ul style="list-style-type: none"> • Describe the difference between prescription and over-the-counter medicines by participating in class discussion • Analyze the harmful physical, mental/emotional, social, and legal consequences of drug use by participating in class activities. • Examine school and community efforts to curb drug use by participating in class activities. • Analyze the importance of alternatives to drug and substance abuse by participating in class activities. 	<p>Lesson 3:</p> <ul style="list-style-type: none"> • Glenco Health Page 584-615 • Graphic Organizer • Activity 83,84,85,86, 87 (Chapter 23) • Chapter 23 Study Guide 	<ul style="list-style-type: none"> • Journaling • Class participation • Completion of worksheets • Written quiz
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Mid-term

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1 day	All previously mentioned 11 th grade NJCCCS	Lesson 1: Mid-term Review Objective(s) SWBAT: <ul style="list-style-type: none"> • Demonstrate knowledge of advanced drivers education and wellness by completing a written exam review. 	Lesson 1: <ul style="list-style-type: none"> • 11th Grade Mid-term Review Guide 	<ul style="list-style-type: none"> • Completion of Review Guide
1 day	All previously mentioned 11 th grade NJCCCS	Lesson 1: Mid-term Objective(s) SWBAT: <ul style="list-style-type: none"> • Demonstrate knowledge of advanced drivers education and wellness by completing a written exam. 	Lesson 1: <ul style="list-style-type: none"> • 11th Grade Mid-term 	<ul style="list-style-type: none"> • 11th grade Mid-term