

**BRIDGETON PUBLIC SCHOOLS**  
**HEALTH**  
**UNIT/PACING CHART**  
**GRADE 12**

**Unit: First Aid/CPR and Life Skills**

**Section 1: Home Safety**

<b>TIMELINE</b>	<b>NJCCCS</b>	<b>SKILLS/ CONTENT OBJECTIVES:</b>	<b>TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS</b>	<b>ASSESSMENTS</b>
2 days	2.1.12.D.1 2.1.12.E.3 2.1.12.E.4	<b>Lesson 1: Safety Proof Your Home</b>  <b>Objective(s) SWBAT:</b> <ul style="list-style-type: none"> <li>• Recognize the various safety concerns in a home with young children or handicapped individuals by participating in class discussion.</li> <li>• Identify a safe environment for young children and handicapped individuals by designing a model room in a home that will be safe for all individuals.</li> </ul>	<b>Lesson 1:</b> <ul style="list-style-type: none"> <li>• American Red Cross Text pg.462-463</li> <li>• Home Pamphlets</li> <li>• Poster Board</li> <li>• Markers</li> </ul>	<ul style="list-style-type: none"> <li>• Journaling</li> <li>• Class participation</li> <li>• Completion of Home Safety Project</li> <li>• Home Safety Project Rubric</li> </ul>

# BRIDGETON PUBLIC SCHOOLS

## HEALTH

### UNIT/PACING CHART

#### GRADE 12

**Unit: First Aid/CPR and Life Skills**

**Section 2: Life Skills**

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
2 days	2.1.12.A.1 2.1.12.A.3 2.1.12.E.1 2.1.12.E.3 2.1.12.E.4	<p><b>Lesson 1: Personal Budgeting</b></p> <p><b>Objective(s) SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Evaluate individual family needs by completing unit Pre-test.</li> <li>• Identify financial responsibilities for caring for a child by completing baby expense worksheet.</li> <li>• Plan and balance a budget in order to manage a household by completing budget worksheet.</li> </ul>	<p><b>Lesson 1:</b></p> <ul style="list-style-type: none"> <li>• Juggling Act Kit</li> <li>• Pre-Participation Questionnaire</li> <li>• Baby expense worksheet</li> <li>• Budget Worksheet</li> <li>• Calculators</li> </ul>	<ul style="list-style-type: none"> <li>• Journaling</li> <li>• Class participation</li> <li>• Completion of Pre-Participation Questionnaire</li> <li>• Completion of worksheets</li> </ul>

<p><b>1 day</b></p>	<p>2.1.12.A.1 2.1.12.A.3 2.1.12.E.1 2.1.12.E.4</p>	<p><b>Lesson 2: Adjusting Personal Finances</b></p> <p><b>Objective(s) SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Adjust monthly budget by calculating monthly personal financial debts.</li> <li>• Pay monthly debits on time by participating in banking activity.</li> <li>• Re-evaluate individual family needs by completing unit post-participation questionnaire.</li> </ul>	<p><b>Lesson 2:</b></p> <ul style="list-style-type: none"> <li>• Juggling Act Kit</li> <li>• Post-Participation Questionnaire</li> <li>• Budget Worksheet</li> </ul>	<ul style="list-style-type: none"> <li>• Journaling</li> <li>• Class participation</li> <li>• Completion of Post-Participation</li> <li>• Completion of Budget Worksheet</li> </ul>
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**GRADE 12**

**Unit: First Aid/CPR and Life Skills**

**Section 3: First Aid**

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
2 days	2.1.12.B.1	<p><b>Lesson 1: Recognizing An Emergency</b></p> <p><b>Objective(s) SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Recognize an emergency has occurred and the actions to be taken by participating in class activity.</li> <li>• Identify the common barriers that may prevent people from responding to emergencies by completing chapter visual organizer.</li> <li>• Identify and explain the steps in an emergency action plan by completing chapter visual organizer.</li> <li>• Distinguish between life threatening and non- life threatening situations by evaluating several scenarios through group activity.</li> </ul>	<p><b>Lesson 1:</b></p> <ul style="list-style-type: none"> <li>• First Aid: Responding to Emergencies pages4-18 pages24-31, 62-72</li> <li>• Visual organizer</li> </ul>	<ul style="list-style-type: none"> <li>• Journaling</li> <li>• Class participation</li> <li>• Completion of visual organizer.</li> </ul>

<p><b>2 days</b></p>	<p>2.1.12.D.1 2.1.12.D.6 2.2.12.B.1 2.2.12.C.3</p>	<p><b>Lesson 3: Caring for a Victim in an Emergency</b></p> <p><b>Objective(s) SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Identify a bleeding injury and apply proper care by participating in bandaging activity.</li> <li>• Move an injured victim with a soft tissue or musculoskeletal injury by properly immobilizing the injured area.</li> <li>• Evaluate and care for treated victim by following the steps to minimizing shock.</li> </ul>	<p><b>Lesson 3:</b></p> <ul style="list-style-type: none"> <li>• First Aid: Responding to Emergencies pages 154-164</li> <li>• Visual organizer</li> <li>• Dressings, bandages, shirts, belt, ruler, etc.</li> </ul>	<ul style="list-style-type: none"> <li>• Journaling</li> <li>• Class participation first aid activities</li> <li>• Completion of visual organizer</li> <li>• Checklists</li> </ul>
<p><b>2 days</b></p>	<p>2.1.12.D.1 2.1.12.D.6 2.2.12.B.1 2.2.12.C.3</p>	<p><b>Lesson 2 : Emergency Situations</b></p> <p><b>Objective(s) SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Discuss internal and external bleeding injuries and how to control severe bleeding by completing visual organizer.</li> <li>• List the signs and symptoms of shock by completing visual organizer.</li> <li>• Identify soft tissue injuries and musculoskeletal injuries by viewing visual aids located in book.</li> </ul>	<p><b>Lesson 2:</b></p> <ul style="list-style-type: none"> <li>• First Aid: Responding to Emergencies pages 184-204, 212-227</li> <li>• Visual organizer</li> <li>• Visual aids</li> </ul>	<ul style="list-style-type: none"> <li>• Journaling</li> <li>• Class participation</li> <li>• Completion of visual organizer.</li> </ul>

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**GRADE 12**

**Unit: First Aid/CPR and Life Skills**

**Section 3: Medical Emergencies**

<b>TIMELINE</b>	<b>NJCCCS</b>	<b>SKILLS/ CONTENT OBJECTIVES:</b>	<b>TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS</b>	<b>ASSESSMENTS</b>
<p align="center"><b>1 day</b></p>	<p>2.1.12.D.1 2.1.12.D.6 2.2.12.B.1</p>	<p><b>Lesson 1: Sudden Illness/Heat and Cold Exposure</b></p> <p><b>Objective(s) SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Identify types of sudden illness and how to care for those victims by participating in class activity.</li> <li>• Prevent heat or cold related illnesses by listing ways to prepare an individual for exposure to extreme temperatures.</li> <li>• Care for a heat or cold related illness by participating in class activity.</li> </ul>	<p><b>Lesson 1:</b></p> <ul style="list-style-type: none"> <li>• First Aid: Responding to Emergencies pages 358-373</li> <li>• Visual organizer</li> <li>• Heat cards (activity)</li> </ul>	<ul style="list-style-type: none"> <li>• Journaling</li> <li>• Class participation</li> <li>• Completion of visual organizer</li> </ul>

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1 day	2.1.12.D.1 2.1.12.D.6 2.2.12.B.1	<p><b>Lesson 2: Poisoning/Drug Misuse and Abuse</b></p> <p><b>Objective(s) SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Note the contact number for the poison control center by writing this as the first response to any poison related emergency.</li> <li>• Care for victims who have come in contact with a poisonous or drug related substance by completing the visual organizer.</li> <li>• Inform another individual on the importance of being drug free by completing drug activity.</li> </ul>	<p><b>Lesson 2:</b></p> <ul style="list-style-type: none"> <li>• First Aid: Responding to Emergencies pages 306-320</li> <li>• Visual organizer</li> <li>• Drug activity criteria sheet</li> </ul>	<ul style="list-style-type: none"> <li>• Journaling</li> <li>• Class participation</li> <li>• Completion of visual organizer</li> <li>• Completion of drug activity</li> </ul>
1 day	2.1.12.D.1 2.1.12.D.6 2.2.12.B.1	<p><b>Lesson 3: Bites and Stings</b></p> <p><b>Objective(s) SWBAT:</b></p> <ul style="list-style-type: none"> <li>• List the signs and symptoms of bites and stings by completing visual organizers.</li> <li>• Identify and care for victims with bites and stings by participating in class activity.</li> </ul>	<p><b>Lesson 3:</b></p> <ul style="list-style-type: none"> <li>• First Aid: Responding to Emergencies pages 324-337</li> <li>• Visual organizer</li> <li>• Class activity</li> </ul>	<ul style="list-style-type: none"> <li>• Journaling</li> <li>• Class participation</li> <li>• Completion of visual organizer</li> </ul>

# BRIDGETON PUBLIC SCHOOLS

## HEALTH

### UNIT/PACING CHART

#### GRADE 12

**Unit: First Aid/CPR and Life Skills**

**Section 4: CPR**

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
2 days	2.1.12.D.1 2.1.12.D.6 2.2.12.A.3 2.2.12.B.1	<p><b>Lesson 1: CPR/Rescue Breathing</b></p> <p><b>Objective(s) SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Understand the use of CPR to revive a victim by participating in class discussion and viewing teacher demonstration.</li> <li>• Perform CPR on a manikin through class skill activity.</li> </ul>	<p><b>Lesson 1:</b></p> <ul style="list-style-type: none"> <li>• Family and Friends CPR-supplement</li> <li>• Visual organizer</li> <li>• CPR checklist</li> <li>• Manikin</li> </ul>	<ul style="list-style-type: none"> <li>• Journaling</li> <li>• Class participation</li> <li>• Completion of visual organizer for CPR Review Notes</li> <li>• CPR skill checklist</li> </ul>
1 day	2.1.12.D.1 2.1.12.D.6 2.2.12.B.1	<p><b>Lesson 2: Obstructed Airway</b></p> <p><b>Objective(s) SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Distinguish the care needed for a victim with an obstructed airway by participating in class discussion and viewing teacher demonstration.</li> <li>• Perform obstructed airway procedures on a conscious and unconscious victim by using a manikin in class skill activity.</li> </ul>	<p><b>Lesson 2:</b></p> <ul style="list-style-type: none"> <li>• First Aid: Responding to Emergencies pages 84-107</li> <li>• Visual organizer</li> <li>• Obstructed airway checklist</li> <li>• Manikin</li> </ul>	<ul style="list-style-type: none"> <li>• Journaling</li> <li>• Class participation</li> <li>• Completion of visual organizer</li> <li>• Obstructed airway skill checklist</li> </ul>



TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1 day	All previously mentioned 12 <sup>th</sup> grade NJCCCS.	<b>Lesson 3: First Aid/CPR and Life Skills Exam</b>  <b>Objective(s) SWBAT:</b> <ul style="list-style-type: none"> <li>• Demonstrate their knowledge and skills of First Aid/CPR and Life Skills by completing a written Mid-term exam</li> </ul>	<b>Lesson 3:</b> <ul style="list-style-type: none"> <li>• First Aid/CPR and Life Skills Exam</li> </ul>	<ul style="list-style-type: none"> <li>• Completion of Written Exam</li> </ul>