

# BRIDGETON PUBLIC SCHOOLS

## 4<sup>th</sup> Grade Health

### UNIT/PACING CHART

#### Mental and Emotional Health, Chapter 1

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1	2.1.A.4.1 2.1.A.4.2	<b>Lesson 1: A Plan for Good Health</b>  <b>Objective(s) Through class discussion/class activity the SWBAT:</b> <ul style="list-style-type: none"><li>• Identify three parts of total health.</li><li>• Discuss how to improve health</li><li>• Identify the steps to follow to practice healthful behaviors</li></ul>	<ul style="list-style-type: none"><li>• Health and Wellness page A4 – A9</li><li>• Health and wellness Masters</li><li>• Teacher generated worksheets</li></ul>	<ul style="list-style-type: none"><li>• Class discussion</li><li>• Class Work</li><li>• Homework</li><li>• Class Notes</li><li>• Do Write Journal</li><li>• projects</li></ul>

<p style="text-align: center;"><b>1</b></p>	<p>2.2.C.4.1 2.2.C.4.2 2.2.C.4.3</p>	<p><b>Lesson 2: Good Character</b></p> <p><b>Objectives: Through class discussion/class activity the</b></p> <p><b>SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Identify personality traits</li> <li>• Discuss the 6 traits of good character.</li> <li>• Review how to use self statements.</li> </ul>	<p>Health and Wellness pg. A10- A15 Health and wellness masters book Teacher generated worksheets</p>	<ul style="list-style-type: none"> <li>• Class Discussion</li> <li>• Class work</li> <li>• Homework</li> <li>• Class Notes</li> <li>• Do Write Journal</li> </ul>
<p style="text-align: center;"><b>1</b></p>	<p>2.2.B.4.1 2.2.B.4.2</p>	<p><b>Lesson 3: Responsible decisions</b></p> <p><b>Objectives: Through class discussion/class activity the</b></p> <p><b>SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Discuss how to tell the difference between a responsible decision and a wrong decision.</li> <li>• List factors that influence decisions</li> <li>• Identify the steps to making responsible decisions</li> </ul>	<p>Health and Wellness Text book A16 – A21 Health and wellness masters Teacher generated worksheets</p>	<ul style="list-style-type: none"> <li>• Class discussion</li> <li>• Class work</li> <li>• Class notes</li> <li>• Homework</li> <li>• Do Write Journal</li> </ul>

1	2.1.A.4.1 2.2.B.4.4	<b>Lesson 4: Your Self Concept</b>  <b>Objectives: Through class discussion/class activity the</b> <b>SWBAT:</b> <ul style="list-style-type: none"> <li>• Discuss how to have a healthful self concept</li> <li>• Identify the steps to follow in setting health goals</li> <li>• Review how to make a health behavior contract</li> </ul>	Health and Wellness Text book A22 – A25 Health and wellness masters Teacher generated worksheets	<ul style="list-style-type: none"> <li>• Class discussion</li> <li>• Class work</li> <li>• Class notes</li> <li>• Homework</li> <li>• Do Write Journal</li> </ul>
1	2.2.A.4.1 2.2.A.4.2	<b>Lesson 5: Expressing Emotions</b> <b>Objectives: Through class discussion/class activity the</b> <b>SWBAT:</b> <ul style="list-style-type: none"> <li>• Discuss different kinds of emotions</li> <li>• Identify different healthful ways to express emotions</li> <li>• Discuss healthful ways to prevent boredom.</li> </ul>	Health and Wellness Text book A26 – A31 Health and wellness masters Teacher generated worksheets	<ul style="list-style-type: none"> <li>• Class discussion</li> <li>• Class work</li> <li>• Class notes</li> <li>• Homework</li> <li>• Do Write Journal</li> <li>•</li> </ul>
1	2.1.E.4.4	<b>Lesson 6: Reducing Stress</b>  <b>Objectives: Through class discussion/class activity the</b> <b>SWBAT:</b> <ul style="list-style-type: none"> <li>• Identify how your body responds to stress</li> <li>• List the steps to follow to manage stress</li> <li>• Discuss the importance of a positive attitude</li> </ul>	Health and Wellness Text book A 32 – A37 Health and wellness masters Teacher generated worksheets	<ul style="list-style-type: none"> <li>• Class discussion</li> <li>• Class work</li> <li>• Class notes</li> <li>• Homework</li> <li>• Do Write Journal</li> <li>•</li> </ul>
1	2.1.E.4.4 2.2.A.4.1 2.2.A.4.2 2.2.B.4.4 2.2.B.4.1 2.2.B.4.2 2.2.C.4.1 2.2.C.4.2 2.2.C.4.3	<b>Chapter 4 Review/ Test</b>  <b>Objectives: SWBAT:</b> <ul style="list-style-type: none"> <li>• Demonstrate knowledge of materials learned throughout the chapter during a class review and chapter test</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness Test book</li> <li>• Nutrition Game Activity</li> <li>• Jeopardy Game</li> <li>• Family Feud</li> <li>• Health and Wellness Chapter Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Student participation</li> <li>• Chapter Test</li> </ul>

## Family and Social Health: Chapter 2

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1	2.2.A.4.1 2.2.A.4.2 2.2.C.4.2 2.2.D.4.1	<b>Lesson 1: Your Relationships Objective(s) Through class discussion and activity the SWBAT:</b> <ul style="list-style-type: none"> <li>• List ways to show respect in relationships.</li> <li>• Identify steps to follow to improve your communication skills.</li> <li>• Review the steps to follow be a health advocate</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness text book A 44 – A 49</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Class Discussion</li> <li>• Activity Worksheets</li> <li>• Class Notes</li> <li>• Do Write Journal</li> </ul>
1	2.2.A.4.1 2.2.A.4.2 2.2.E.4.2	<b>Lesson 2: Managing your emotions Objective(s) Through class discussion and activity the SWBAT:</b> <ul style="list-style-type: none"> <li>• Discuss reasons to maintain self control</li> <li>• Review how to manage anger</li> <li>• Identify the steps to follow in resolving conflicts and avoiding fights</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness text book A50 – A55</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Class Discussion</li> <li>• Activity Worksheets</li> <li>• Class Notes</li> <li>• Do Write Journal</li> </ul>

1	2.2.B.4.3 2.4.A.4.1 2.4.A.4.2	<b>Lesson 3: How a Healthy Family Functions</b> <b>Objective(s) Through class discussions and activity the SWBAT:</b> <ul style="list-style-type: none"> <li>• Discuss why it is important to be close to family members</li> <li>• Review how family effects your health</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness text book A58 – A61</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Class Discussion</li> <li>• Activity Worksheets</li> <li>• Class Notes</li> <li>• Activity Participation</li> <li>• Do Write Journal</li> </ul>
1	2.4.A.4.1 2.4.A.4.2	<b>Lesson 4: How Family’s Change</b> <b>Objective(s) Through class discussions and activity the SWBAT:</b> <ul style="list-style-type: none"> <li>• Discuss ways family members work together</li> <li>• Discuss how a family adjusts to change</li> <li>• Review ways to adjust if parents separate or divorce</li> <li>• Discuss how families adjust to new family members</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness text book A62 – A67</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Class Discussion</li> <li>• Activity Worksheets</li> <li>• Class Notes</li> <li>• Do Write Journal</li> </ul>
1	2.2.B.4.2 2.2.B.4.3 2.2.E.4.2 2.2.A.4.2	<b>Lesson 5: Healthful Friendships</b> <b>Objective(s) Through class discussions and activities the SWBAT:</b> <ul style="list-style-type: none"> <li>• Identify how a true friend acts.</li> <li>• Review how to use resistance skills</li> <li>• List how peers show good character</li> <li>• Discuss what to look for when making new friends</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness text book A68 – A73</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Class discussion</li> <li>• Activity Worksheets</li> <li>• Class notes</li> <li>• Do Write Journals</li> </ul>
1	2.1.E.4.2 2.1.E.4.4 2.1.E.4.3	<b>Lesson 6: When others are unkind</b> <b>Objective(s) Through class discussions and activities the SWBAT:</b> <ul style="list-style-type: none"> <li>• Discuss what to do when you fell left out</li> <li>• Identify what to do when others try to harm you.</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness text book A74 – A77</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Class discussion</li> <li>• Activity Worksheets</li> <li>• Class notes</li> <li>• Do Write Journals</li> </ul>

1	2.1.E.4.2 2.1.E.4.4 2.1.E.4.3 2.2.B.4.2 2.2.B.4.3 2.2.E.4.2 2.2.A.4.2 2.4.A.4.1 2.4.A.4.2	<b>Chapter 2 Review/ test</b>  <b>Objective(s) SWBAT:</b> Demonstrate their knowledge of information in chapter 7 through a chapter review activity.	<ul style="list-style-type: none"> <li>• Health and Wellness text book</li> <li>• Jeopardy Game</li> <li>• Health and wellness test chapter 2</li> </ul>	<ul style="list-style-type: none"> <li>• Student Participation</li> <li>• Chapter 2 test</li> </ul>
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### Growth and Developmental Health, Chapter 3

1	2.1.A.4.1 2.1.B.4.1 2.1.C.4.1	<b>Lesson 1: Your Body Systems</b>  <b>Objective(s) Through class discussion and activity the SWBAT:</b> <ul style="list-style-type: none"> <li>• Identify how your body is organized</li> <li>• Discuss how body systems work together</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness text book B4 – B7</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Do Write Journal</li> <li>• Class discussion</li> <li>• Class notes</li> <li>• Activity worksheets</li> </ul>
1	2.1.A.4.1 2.1.B.4.1 2.1.C.4.1	<b>Lesson 2: Bones, Muscles and Skin</b>  <b>Objective(s) Through class discussion and activity, the SWBAT:</b> <ul style="list-style-type: none"> <li>• Review the structure and function of the skeletal, muscular and skin system.</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness text book B8 – B13</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Participation</li> <li>• Class Discussion</li> <li>• Do write journal</li> <li>• Class notes</li> <li>• Activity Worksheets</li> </ul>

1	2.1.A.4.1 2.1.B.4.1 2.1.C.4.1	<b>Lesson 3: More Body Systems</b> <b>Objective(s): Through class discussion and activity the</b> <b>SWBAT:</b> <ul style="list-style-type: none"> <li>Review the structure and function of the digestive, Circulatory, respiratory, and nervous systems</li> </ul>	<ul style="list-style-type: none"> <li>Health and Wellness text book B14-B19</li> <li>Health and wellness masters</li> <li>Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>Do Write Journal</li> <li>Class discussion</li> <li>Activity worksheet</li> <li>Group Participation</li> </ul>
1	2.4.B.4.1	<b>Lesson 4: The stages of the Life Cycle</b> <b>Objective(s) Through class discussion and activity the</b> <b>SWBAT:</b> <ul style="list-style-type: none"> <li>Discuss the factors that effect your growth.</li> <li>Identify ways that you have changed since birth.</li> <li>List ways that you are changing during childhood</li> </ul>	<ul style="list-style-type: none"> <li>Health and Wellness text book B20 –B25</li> <li>Health and wellness masters</li> <li>Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>Do Write Journal</li> <li>Class discussion</li> <li>Activity worksheet</li> <li>Group Participation</li> </ul>

1	2.4.B.4.1	<p><b>Lesson 5: Your Future Growth Objective(s) Through class discussion and activity the SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Identify the changes that occur during adolescence and adulthood</li> <li>• Review habits to practice for healthful growth and aging</li> <li>• Discuss the final stage of the life cycle</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness Text Book pgs B26 – B31</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Do Write Journal</li> <li>• Class discussion</li> <li>• Activity worksheet</li> <li>• Group Participation</li> </ul>
1	2.4.B.4.1 2.1.A.4.1 2.1.B.4.1 2.1.C.4.1	<p><b>Chapter 3 Review/Test Objective(s) SWBAT:</b></p> <p>Demonstrate their knowledge of information in chapter 3 through a chapter review activity and test.</p>	<ul style="list-style-type: none"> <li>• Jeopardy</li> <li>• Pre-test worksheets</li> <li>• Health and Wellness Textbook</li> <li>• Chapter 3 test (Health and Wellness)</li> </ul>	<ul style="list-style-type: none"> <li>• Student participation</li> <li>• Chapter test</li> </ul>



## Alcohol, Tobacco and Other Drugs: Chapter 7

<p><b>1</b></p>	<p>2.3.C.4.1 2.3.C.4.3 2.3.C.4.2 2.3.B.4.1 2.3.B.4.2 2.3.B.4.3 2.3.B.4.4 2.3.B.4.5 2.3.A.4.1 2.3.A.4.2 2.2.E.4.2 2.2.E.4.1</p>	<p><b>Lesson 1: Safe Drug Use</b></p> <p><b>Objective(s) Through class discussion and activity the SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Identify the rules to follow in taking prescription drugs and over the counter drugs.</li> <li>• List ways to prevent drug misuse and abuse.</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness Text Book pgs D 4 – D9</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Do Write Journal</li> <li>• Class discussion</li> <li>• Activity worksheet</li> <li>• Group Participation</li> </ul>
<p><b>1</b></p>	<p>2.2.E.4.2 2.2.E.4.1 2.3.C.4.1 2.3.C.4.3 2.3.C.4.2 2.3.B.4.1 2.3.B.4.2 2.3.B.4.3 2.3.B.4.4 2.3.B.4.5 2.3.A.4.1 2.3.A.4.2</p>	<p><b>Lesson 2: Alcohol and Health</b></p> <p><b>Objective(s) Through class discussion and activity the SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Identify ways that alcohol effects wellness</li> <li>• Discuss how to use refusal skills if pressured to drink alcohol</li> <li>• Review the types of help available for someone with a drinking problem</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness Text Book pgs D10 – D15</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Do Write Journal</li> <li>• Class discussion</li> <li>• Activity worksheet</li> <li>• Group Participation</li> </ul>

<p><b>1</b></p>	<p>2.2.E.4.2 2.2.E.4.1 2.3.C.4.1 2.3.C.4.3 2.3.C.4.2 2.3.B.4.1 2.3.B.4.2 2.3.B.4.3 2.3.B.4.4 2.3.B.4.5 2.3.A.4.1 2.3.A.4.2</p>	<p><b>Lesson 3: Tobacco and Health</b> <b>Objective(s) Through class discussion and activity the SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Discuss the ways tobacco and second hand smoke harms your health</li> <li>• List 10 reasons to say know to tobacco use</li> <li>• Review ways to quit tobacco use.</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness Text Book pgs D16 – D21</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Do Write Journal</li> <li>• Class discussion</li> <li>• Activity worksheet</li> <li>• Group Participation</li> </ul>
<p><b>1</b></p>	<p>2.2.E.4.2 2.2.E.4.1 2.3.C.4.1 2.3.C.4.3 2.3.C.4.2 2.3.B.4.1 2.3.B.4.2 2.3.B.4.3 2.3.B.4.4 2.3.B.4.5 2.3.A.4.1 2.3.A.4.2</p>	<p><b>Lesson 4: Drug Abuse</b> <b>Objective(s) Through class discussion and activity the SWBAT:</b></p> <ul style="list-style-type: none"> <li>• Discuss ways marijuana harms their health.</li> <li>• List ways that the misuse or abuse of stimulants and depressants harms health.</li> <li>• Discuss why it is harmful to use inhalants and steroids.</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness Text Book pgs D24 – D29</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Do Write Journal</li> <li>• Class discussion</li> <li>• Activity worksheet</li> <li>• Group Participation</li> </ul>

1	2.2.E.4.2 2.2.E.4.1 2.3.C.4.1 2.3.C.4.3 2.3.C.4.2 2.3.B.4.1 2.3.B.4.2 2.3.B.4.3 2.3.B.4.4 2.3.B.4.5 2.3.A.4.1 2.3.A.4.2	<b>Lesson 5: Stay Drug Free</b> <b>Objective(s) Through class discussion and activity the SWBAT:</b> <ul style="list-style-type: none"> <li>• Give 10 reasons to say no to drug abuse</li> <li>• Discuss strategies to help say no to drugs</li> <li>• Review the ways people who abuse drugs might be helped</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness Text Book pgs D30 – D33</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Do Write Journal</li> <li>• Class discussion</li> <li>• Activity worksheet</li> <li>• Group Participation</li> </ul>
1	2.2.E.4.2 2.2.E.4.1 2.3.C.4.1 2.3.C.4.3 2.3.C.4.2 2.3.B.4.1 2.3.B.4.2 2.3.B.4.3 2.3.B.4.4 2.3.B.4.5 2.3.A.4.1 2.3.A.4.2	<b>Review and Chapter Test</b> <b>Objective(s) SWBAT:</b> Demonstrate their knowledge of information in chapter 7 through a chapter review and test activity.	<ul style="list-style-type: none"> <li>• Health and wellness Chapter test</li> <li>• Teacher generated test</li> <li>• Jeopardy review</li> </ul>	<ul style="list-style-type: none"> <li>• Student Participation</li> <li>• Chapter test</li> </ul>

### Communicable and Chronic Diseases, Chapter 8

1	2.1.B.4.1 2.1.C.4.1 2.1.C.4.2	<b>Lesson 1: Diseases that spread</b> <b>Objective(s) Through class discussion and activity the SWBAT:</b> <ul style="list-style-type: none"> <li>• Identify the types of pathogens that cause disease and how they enter the body.</li> <li>• Review habits that keep germs from spreading</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness Text Book pgs D38 – D43</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Do Write Journal</li> <li>• Class discussion</li> <li>• Activity worksheet</li> <li>• Group Participation</li> </ul>
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1	2.1.B.4.1 2.1.C.4.1 2.1.C.4.2 2.2.E.4.1 2.2.E.4.2	<b>Lesson 2: the Body's Defenses</b> <b>Objective(s) Through class discussion and activity the</b> <b>SWBAT:</b> <ul style="list-style-type: none"> <li>• Discuss how body defenses work</li> <li>• Review habits that protect you from disease spread by pathogens</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness Text Book pgs D44 – D49</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Do Write Journal</li> <li>• Class discussion</li> <li>• Activity worksheet</li> <li>• Group Participation</li> </ul>
	2.1.B.4.1 2.1.C.4.1 2.1.C.4.2 2.2.E.4.1 2.2.E.4.2	<b>Lesson 3: Treating Disease</b> <b>Objective(s) Through class discussion and activity the</b> <b>SWBAT:</b> <ul style="list-style-type: none"> <li>• List the causes, symptoms, and treatments for communicable disease and some common childhood illnesses</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness Text Book pgs D50 – D53</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Do Write Journal</li> <li>• Class discussion</li> <li>• Activity worksheet</li> <li>• Group Participation</li> </ul>
	2.1.B.4.1 2.1.C.4.1 2.1.C.4.2 2.2.E.4.1 2.2.E.4.2 2.1.A.4.2 2.2.B.4.1	<b>Lesson 4: Chronic Diseases</b> <b>Objective(s) Through class discussion and activity the</b> <b>SWBAT:</b> <ul style="list-style-type: none"> <li>• Discuss the Causes of chronic disease</li> <li>• Review ways to control type one diabetes and reduce your risk of type two diabetes</li> <li>• List the causes of allergies and ways to reduce your risks of allergy attacks</li> <li>• Discuss way to reduce triggers for asthma</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Wellness Text Book pgs D56 – D61</li> <li>• Health and wellness masters</li> <li>• Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>• Do Write Journal</li> <li>• Class discussion</li> <li>• Activity worksheet</li> <li>• Group Participation</li> </ul>

1	2.1.C.4.1 2.1.B.4.1 2.1.B.4.3 2.1.B.4.2	<b>Lesson 5: Heart Disease</b> <b>Objective(s) Through class discussion and activity the SWBAT:</b> <ul style="list-style-type: none"> <li>Identify what causes a heart attack and ways you can reduce the risk of heart disease.</li> </ul>	<ul style="list-style-type: none"> <li>Health and Wellness Text Book pgs D62 – D65</li> <li>Health and wellness masters</li> <li>Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>Do Write Journal</li> <li>Class discussion</li> <li>Activity worksheet</li> <li>Group Participation</li> </ul>
1	2.1.C.4.1 2.1.B.4.1 2.1.B.4.3 2.1.B.4.2	<b>Lesson 6: Cancer</b> <b>Objective(s) Through class discussion and activity the SWBAT:</b> <ul style="list-style-type: none"> <li>Discuss ways to reduce the risk of skin, lung, and colon cancer.</li> </ul>	<ul style="list-style-type: none"> <li>Health and Wellness Text Book pgs D66 – D69</li> <li>Health and wellness masters</li> <li>Teacher generated worksheets</li> </ul>	<ul style="list-style-type: none"> <li>Do Write Journal</li> <li>Class discussion</li> <li>Activity worksheet</li> <li>Group Participation</li> </ul>
1	2.1.C.4.1 2.1.B.4.1 2.1.B.4.3 2.1.B.4.2 2.1.C.4.2 2.2.E.4.1 2.2.E.4.2 2.1.A.4.2 2.1.C.4.2 2.2.E.4.1 2.2.E.4.2	<b>Chapter 8: Review and Test</b> <b>Objective(s) :</b> Demonstrate their knowledge of information in chapter 8 through a chapter review and test activity	<ul style="list-style-type: none"> <li>Health and Wellness tests</li> <li>Teacher generated tests</li> </ul>	<ul style="list-style-type: none"> <li>Do Write Journal</li> <li>Class discussion</li> <li>Activity worksheet</li> <li>Group Participation</li> </ul>