

SCOPE AND SEQUENCE
6th Grade Health

	<u># of Days</u>
Orientation	1
Health Wrap – Up	1
Unit 1: Tobacco	
Why Tobacco is Harmful	2
Staying Tobacco Free	1
Review and Assessment	2
Unit 2: Alcohol and Drugs	
Why Alcohol is Harmful	1
Using Medicines Responsibly	1
What are Illegal Drugs	1
Staying Drug Free	2
Review and Assessment	2
Unit 3: Growth and Development	
From Cells to Body Systems	1
Bones, Muscle, Blood, and Lungs	3
Nerves and Digestion	3
Adolescence: A Time of Change	2
Pregnancy and Childbirth	2-4
Heredity and Growth	1-2
Review and Assessment	2
Unit 4: Preventing Diseases	
Causes of Diseases	1
Communicable Diseases	1
Understanding STIs	2
Noncommunicable Diseases	2
Review and Assessment	2
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Total	40