

SCOPE AND SEQUENCE
K Grade Health

| | <u># of Days</u> |
|---------------------------------------------|-------------------------|
| Unit A: | |
| Chapter 1: You Feel and Think | 6 |
| Chapter 2: Your Family and Friends | 6 |
| Unit B: | |
| Chapter 3: You Grow and Change | 4 |
| Chapter 4: Food for Health | 6 |
| Unit C: | |
| Chapter 5: A Clean and Fit You | 6 |
| Chapter 6: Staying Safe | 8 |
| <hr style="border-top: 1px dashed black;"/> | |
| Total | 36 |