

5 BRIDGETON PUBLIC SCHOOLS

3rd – 4th Grade

UNIT/PACING CHART

Rhythmic Activities

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1	2.5.A.2.2 2.5.A.2.5 2.5.A.2.8 2.5.A.2.10 2.5.B.2.3 2.5.B.2.5 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.9 2.5.B.2.1 2.5.B.2.2 2.5.B.2.4 2.5.B.2.6	Lesson 1: History of movement, rhythms, and dance associated with culture and sports. Objective(s)SWBAT ●Discuss how rhythms and dance are essential components of sports. ●List dances and corresponding country of origin. ●Identify underlying beats within music while performing a specific move movement.	●CD player ●CDs ●Dance list ●Construction Paper Lollipops ●Scarves ●Rhythm Sticks	●participation rubric ●skill check
5	2.5.A.2.2 2.5.A.2.5 2.5.A.2.8 2.5.A.2.10 2.5.B.2.3 2.5.B.2.5 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.9 2.5.B.2.1 2.5.B.2.2 2.5.B.2.4 2.5.B.2.6	Lesson 2: Dance and Aerobics Objective(s)SWBAT ●Combine steps in sequence with music to create a fluid movement. ●Develop left/ right and forward/backward discrimination. ●Learn to adjust movement to tempo, beat, or rhythm. ●Respond to auditory and visual cues. ●Distinguish between personal and general space while performing movement.	●CD player ●CDs ●Dance instructions ●cones ●poly spots	● participation rubric ● skill check

Sports Skills

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
3	2.5.A.4.1 2.5.A.4.2 2.5.A.4.3 2.5.A.4.3 2.5.A.4.6 2.5.A.4.7 2.5.A.4.8 2.5.A.4.9 2.5.A.4.10 2.5.B.4.1 2.5.B.4.2 2.5.B.4.3 2.5.B.4.4 2.5.B.4.5 2.5.B.4.6 2.5.B.4.7 2.5.B.4.8 2.5.D.2.2 2.5.D.2.3 2.5.C.4.1	Lesson 1: Basic Soccer Skills Objective(s)SWBAT <ul style="list-style-type: none"> ● Move the soccer ball around a designated area by dribbling with the proper skill technique. ● Trap and pass the soccer ball through skill drills using proper skill technique. ● Shoot the soccer ball at a designated target by using the instep or inside of the foot kick. ● Discuss goal keeping guidelines and practice goal keeping skills using the proper technique through drills and skill activities. ● Demonstrate basic skills and rule knowledge associated with a soccer game in a lead-up game activity. ● Demonstrate sportsmanship skills and teamwork skills during the lead-up game. 	<ul style="list-style-type: none"> ● Soccer balls ● Cones ● Goals ● Pinnies 	<ul style="list-style-type: none"> ● participation rubric ● skill check

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
3	2.5.A.4.1 2.5.A.4.2 2.5.A.4.3 2.5.A.4.3 2.5.A.4.6 2.5.A.4.7 2.5.A.4.8 2.5.A.4.9 2.5.A.4.10 2.5.B.4.1 2.5.B.4.2 2.5.B.4.3 2.5.B.4.4 2.5.B.4.5 2.5.B.4.6 2.5.B.4.7 2.5.B.4.8 2.5.D.2.2 2.5.D.2.3 2.5.C.4.1	Lesson 2: Basic Football Skills Objective(s)SWBAT: <ul style="list-style-type: none"> ● Properly pass and catch the football in small groups by performing skill drills. ● Punt, kick, and block the football using proper technique through skill drills. ● Properly demonstrate basic skills and rule knowledge associated with a football game in a lead-up game activity. ● Demonstrate sportsmanship skills and teamwork skills during the lead-up game. 	<ul style="list-style-type: none"> ● foot balls ● Cones ● punting tee ● pinnies 	<ul style="list-style-type: none"> ● Participation rubric ● Skill check ● Sportsmanship rubric

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
3	2.5.A.4.1 2.5.A.4.2 2.5.A.4.3 2.5.A.4.3 2.5.A.4.6 2.5.A.4.7 2.5.A.4.8 2.5.A.4.9 2.5.A.4.10 2.5.B.4.1 2.5.B.4.2 2.5.B.4.3 2.5.B.4.4 2.5.B.4.5 2.5.B.4.6 2.5.B.4.7 2.5.B.4.8 2.5.D.2.2 2.5.D.2.3 2.5.C.4.1	Lesson 3: Basic Basketball Skills Objective(s)SWBAT <ul style="list-style-type: none"> ●demonstrate the basic basketball rules (traveling, double dribble, 3 seconds, up and down carry, discontinue), terminology, and safety guidelines through a skill activity. ●move the basketball around designated area by dribbling using the correct technique trough skill drills. ●demonstrate the 3 basketball passes (chest, bounce, baseball) through skill drills. ●properly shoot the basketball at a designated target by using the various shots (jump, bank, foul, lay up) though skill drills and lead up games. 	<ul style="list-style-type: none"> ● basketballs ● cones ● pinnies 	<ul style="list-style-type: none"> ●Participation Rubric ●Skill Check ●Sportsmanship Rubric

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
3	2.5.A.4.1 2.5.A.4.2 2.5.A.4.3 2.5.A.4.3 2.5.A.4.6 2.5.A.4.7 2.5.A.4.8 2.5.A.4.9 2.5.A.4.10 2.5.B.4.1 2.5.B.4.2 2.5.B.4.3 2.5.B.4.4 2.5.B.4.5 2.5.B.4.6 2.5.B.4.7 2.5.B.4.8 2.5.D.2.2 2.5.D.2.3 2.5.C.4.1	Lesson 4: Basic Volleyball Skills Objective(s)SWBAT <ul style="list-style-type: none"> ●Demonstrate the basic volleyball rules, terminology, and safety guidelines through a skill activity. ●Demonstrate bumping, digging, and setting through skill drills. ●Incorporate the skills in lead-up activities. ●Demonstrate basic underhand serve in skill drills. ●Exhibit basic skills in lead-up activity. 	<ul style="list-style-type: none"> ●trainer volleyballs ●nets ●standards ● gator skin balls 	<ul style="list-style-type: none"> ●Skill Check ●Participation Rubric ●Sportsmanship Rubric

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
3	2.5.A.4.1 2.5.A.4.2 2.5.A.4.3 2.5.A.4.3 2.5.A.4.6 2.5.A.4.7 2.5.A.4.8 2.5.A.4.9 2.5.A.4.10 2.5.B.4.1 2.5.B.4.2 2.5.B.4.3 2.5.B.4.4 2.5.B.4.5 2.5.B.4.6 2.5.B.4.7 2.5.B.4.8 2.5.D.2.2 2.5.D.2.3 2.5.C.4.1	Lesson 5: Basic Floor Hockey Skills <ul style="list-style-type: none"> ● Demonstrate the basic floor hockey rules, terminology, and safety guidelines through a skill activity. ● review the correct way to hold and use the hockey stick by performing skill drills. ● review the correct way to dribble a hockey ball through repetition of skill drills. ● review the various passes (cross, through, slap shot) by performing skill drills. ● review the correct way to shoot a hockey ball through repetition of skill drills. ● Demonstrate basic skills and rule knowledge associated with a floor hockey game in a lead-up game activity. ● Demonstrate sportsmanship skills and teamwork skills during the lead-up game. 	<ul style="list-style-type: none"> ● hockey sticks ● hockey balls ● cones, goals 	<ul style="list-style-type: none"> ● Skill Check ● Participation Rubric ● Sportsmanship Rubric

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
3	2.5.A.4.1 2.5.A.4.2 2.5.A.4.3 2.5.A.4.3 2.5.A.4.6 2.5.A.4.7 2.5.A.4.8 2.5.A.4.9 2.5.A.4.10 2.5.B.4.1 2.5.B.4.2 2.5.B.4.3 2.5.B.4.4 2.5.B.4.5 2.5.B.4.6 2.5.B.4.7 2.5.B.4.8 2.5.D.2.2 2.5.D.2.3 2.5.C.4.1	Lesson 6: Basic Lacrosse Skills Objective(s) <ul style="list-style-type: none"> ● Demonstrate the basic lacrosse rules, terminology, and safety guidelines through a skill activities. ● Move the lacrosse ball around designated area by cradling through skill drills. ● Scoop the lacrosse ball into the lacrosse stick through skill drills and lead up games. ● catch and throw the lacrosse ball around designated area through participation in skill drills and lead up games.. ● Demonstrate basic skills and rule knowledge associated with a lacrosse game in a lead-up game activity. ● Demonstrate sportsmanship skills and teamwork skills during the lead-up games. 	<ul style="list-style-type: none"> ● Lacrosse Sticks ● Lacrosse Balls ● cones 	<ul style="list-style-type: none"> ● ● ●

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
3	2.5.A.4.1 2.5.A.4.2 2.5.A.4.3 2.5.A.4.3 2.5.A.4.6 2.5.A.4.7 2.5.A.4.8 2.5.A.4.9 2.5.A.4.10 2.5.B.4.1 2.5.B.4.2 2.5.B.4.3 2.5.B.4.4 2.5.B.4.5 2.5.B.4.6 2.5.B.4.7 2.5.B.4.8 2.5.D.2.2 2.5.D.2.3 2.5.C.4.1	Lesson 7: Basic Softball Skills Objective(s): SWBAT <ul style="list-style-type: none"> ● Demonstrate the basic softball rules, terminology, and safety guidelines through a skill activity. ● Demonstrate catching and throwing through skill drills. ● Incorporate the skills in lead-up activities. ● Demonstrate batting through skill drills from a tee. ● Incorporate base running while playing a lead-up game. ● Discuss and differentiate the various position of the softball field. ● Discuss the difference between offense and defense. ● Demonstrate basic skills, rule knowledge, and field positions associated with a softball game in a modified game activity. ● Demonstrate sportsmanship skills and teamwork skills during the modified. 	<ul style="list-style-type: none"> ●softballs ●gator balls ●bases ●cones ●bats ●incrediballs 	<ul style="list-style-type: none"> ●Participation Rubric ●Skill Check ●Sportsmanship Rubric

Organized Games

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
3	2.5.D.4.1 2.5.D.4.3 2.5.E.4.1 2.5.B.4.2 2.5.A.4.1 2.5.A.4.3 2.5.A.4.10	Lesson 1: Problem Solving/Cooperative Games Objective(s)SWBAT <ul style="list-style-type: none"> ● Employ positive sportsmanship and teamwork skills during the activity. ● Develop problem solving strategies to accomplish team goal. 	<ul style="list-style-type: none"> ● Noodles ● Mats ● Scooters ● Cones ● Poly Spots ● Jump ropes 	<ul style="list-style-type: none"> ● Sportsmanship Rubric ● Participation Rubric ● Skill Check
3	2.5.C.2.1 2.5.D.2.1 2.5.D.2.2 2.5.D.2.3 2.5.E.2.1 2.6.C.2.1 2.6.A.2.2 2.6.C.2.2 2.6.B.2.2	Lesson 2: Tag Games Objective(s) <ul style="list-style-type: none"> ● Demonstrate the correct way to tag another student. ● Improve cardiovascular fitness levels while participating in game activity. ● Demonstrate spatial awareness during game activity. ● Demonstrate and discuss the basic safety rules and guidelines and why they are important. 	<ul style="list-style-type: none"> ● Deck Rings ● Cones ● Whistle ● Pinnies 	<ul style="list-style-type: none"> ● Sportsmanship Rubric ● Participation Rubric ● Skill Check

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
3	2.5.B.2.1 2.5.B.2.2 2.5.A.2.2 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.A.2.10 2.5.B.2.5 2.5.B.2.6 2.5.D.2.3 2.5.E.2.1	Lesson 3: Kickball Objective(s):SWBAT <ul style="list-style-type: none"> ● Demonstrate and discuss the basic safety rules and guidelines and why they are important. ● Demonstrate kicking, throwing, and base running skills in a game. ● Demonstrate basic rules and guidelines while participating in a kickball game. ● Employ positive sportsmanship and teamwork skills during the activity. 	<ul style="list-style-type: none"> ● bases ● playground ball ● cones 	<ul style="list-style-type: none"> ● Sportsmanship Rubric ● Participation Rubric ● Skill Check
3	2.5.B.2.1 2.5.B.2.2 2.5.A.2.2 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.A.2.10 2.5.B.2.5 2.5.B.2.6 2.5.D.2.3 2.5.E.2.1	Lesson 4: Crabball Objective(s) SWBAT <ul style="list-style-type: none"> ● Demonstrate proper technique of kicking a ball in the crabwalk position in the game. ● Enhance cardiovascular fitness during the game. ● Employ positive sportsmanship and teamwork skills in the game. ● Utilize eye-foot coordination when performing the skills in the game. 	<ul style="list-style-type: none"> ● crabball ● cones ● whistle 	<ul style="list-style-type: none"> ● Sportsmanship Rubric ● Participation Rubric ● Skill Check

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
3	2.5.B.2.1 2.5.B.2.2 2.5.A.2.2 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.A.2.10 2.5.B.2.5 2.5.B.2.6 2.5.D.2.3 2.5.E.2.1	Lesson 5: Relays Objective(s)SWBAT <ul style="list-style-type: none"> ● Develop team work skills by participating in organized games. ● Correctly perform and incorporate locomotor skills during game playing. ● Improve large muscle coordination, balance, agility, speed, spatial awareness, and muscular strength while playing games. ● Improve cardiovascular fitness levels while participating in game activity. ● Demonstrate the correct way to tag another student. 	<ul style="list-style-type: none"> ● cones ● poly spots ● scooters ● alphabet letters ● spelling word list ● hula hoops ● bean bags ● simple math problems ● jump ropes ● batons 	<ul style="list-style-type: none"> ● Sportsmanship Rubric ● Participation Rubric ● Skill Check
3	2.5.B.2.1 2.5.B.2.2 2.5.A.2.2 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.A.2.10 2.5.B.2.5 2.5.B.2.6 2.5.D.2.3 2.5.E.2.1	Lesson 6: Noodle Activities Objective(s)SWBAT <ul style="list-style-type: none"> ● Enhance cardiovascular fitness while participating in activity. ● Improve eye-hand coordination by striking a thrown object with the noodle. ● Demonstrate spatial awareness during game activity. ● Develop team work skills by participating in noodle games. ● Demonstrate and discuss the basic safety rules and guidelines and why they are important. ● Change movement as changes occur in environment. 	<ul style="list-style-type: none"> ● Noodles (long & short) ● Buckets ● Cones ● Noodle pieces ● Whistle 	<ul style="list-style-type: none"> ● Sportsmanship Rubric ● Participation Rubric ● Skill Check

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
3	2.5.B.2.1 2.5.B.2.2 2.5.A.2.2 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.A.2.10 2.5.B.2.5 2.5.B.2.6 2.5.D.2.3 2.5.E.2.1	Lesson 7: Pin Bombardment Objective(s) <ul style="list-style-type: none"> ● Enhance cardiovascular fitness while participating in activity. ● Improve eye-hand coordination by striking a thrown object with the noodle. ● Demonstrate spatial awareness during game activity. ● Demonstrate and discuss the basic safety rules and guidelines and why they are important. ● Change movement as changes occur in environment. 	<ul style="list-style-type: none"> ● gator balls ● cones ● indian clubs/bowling pins 	<ul style="list-style-type: none"> ● Skill check ● Participation Rubric ● Sportsmanship Rubric

