5 BRIDGETON PUBLIC SCHOOLS

$3^{rd} - 4^{th}$ Grade

UNIT/PACING CHART

Rhythmic Activities

| TIMELINE | NJCCCS | SKILLS/ CONTENT OBJECTIVES: Students will be able to | TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS | ASSESSMENTS |
|----------|--|---|--|--------------------------------------|
| 1 | 2.5.A.2.2 2.5.A.2.5 2.5.A.2.8 2.5.A.2.10 2.5.B.2.3 2.5.B.2.5 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.9 2.5.B.2.1 2.5.B.2.2 2.5.B.2.2 2.5.B.2.4 2.5.B.2.6 | Lesson 1: History of movement, rhythms, and dance associated with culture and sports. Objective(s)SWBAT • Discuss how rhythms and dance are essential components of sports. • List dances and corresponding country of origin. • Identify underlying beats within music while performing a specific move movement. | CD player CDs Dance list Construction Paper Lollipops Scarves Rhythm Sticks | •participation rubric •skill check |
| 5 | 2.5.A.2.2 2.5.A.2.5 2.5.A.2.8 2.5.A.2.10 2.5.B.2.3 2.5.B.2.5 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.9 2.5.B.2.1 2.5.B.2.2 2.5.B.2.2 2.5.B.2.2 | Lesson 2: Dance and Aerobics Objective(s)SWBAT Combine steps in sequence with music to create a fluid movement. Develop left/ right and forward/backward discrimination. Learn to adjust movement to tempo, beat, or rhythm. Respond to auditory and visual cues. Distinguish between personal and general space while performing movement. | •CD player •CDs •Dance instructions •cones •poly spots | • participation rubric • skill check |

Sports Skills

| TIMELINE | NJCCCS | SKILLS/ CONTENT | TEACHER'S | ASSESSMENTS |
|----------|------------|---|--------------------|-----------------------|
| | | OBJECTIVES: | GUIDE/SUPPLEMENTAL | |
| | | Students will be able to | MATERIALS | |
| | 2.5.A.4.1 | Lesson 1: Basic Soccer Skills | •Soccer balls | •participation rubric |
| 3 | 2.5.A.4.2 | | ●Cones | •skill check |
| | 2.5.A.4.3 | Objective(s)SWBAT | ●Goals | |
| | 2.5.A.4.3 | Move the soccer ball around a | • Pinnies | |
| | 2.5.A.4.6 | designated area by dribbling with the | | |
| | 2.5.A.4.7 | proper skill technique. | | |
| | 2.5.A.4.8 | •Trap and pass the soccer ball | | |
| | 2.5.A.4.9 | through skill drills using proper skill | | |
| | 2.5.A.4.10 | technique. | | |
| | 2.5.B.4.1 | •Shoot the soccer ball at a designated | | |
| | 2.5.B.4.2 | target by using the instep or inside of | | |
| | 2.5.B.4.3 | the foot kick. | | |
| | 2.5.B.4.4 | •Discuss goal keeping guidelines and | | |
| | 2.5.B.4.5 | practice goal keeping skills using the | | |
| | 2.5.B.4.6 | proper technique through drills and | | |
| | 2.5.B.4.7 | skill activities. | | |
| | 2.5.B.4.8 | Demonstrate basic skills and rule | | |
| | 2.5.D.2.2 | knowledge associated with a soccer | | |
| | 2.5.D.2.3 | game in a lead-up game activity. | | |
| | 2.5.C.4.1 | •Demonstrate sportsmanship skills | | |
| | | and teamwork skills during the lead- | | |
| | | up game. | | |
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| TIMELINE | NJCCCS | SKILLS/ CONTENT OBJECTIVES: Students will be able to | TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS | ASSESSMENTS |
|----------|------------|--|--|--|
| | 2.5.A.4.1 | Lesson 2: Basic Football Skills | ●foot balls | Participation rubric |
| | 2.5.A.4.2 | | ●Cones | •Skill check |
| 3 | 2.5.A.4.3 | Objective(s)SWBAT: | punting tee | Sportsmanship rubric |
| | 2.5.A.4.3 | Properly pass and catch the football | •pinnies | |
| | 2.5.A.4.6 | in small groups by performing skill | | |
| | 2.5.A.4.7 | drills. | | |
| | 2.5.A.4.8 | Punt, kick, and block the football | | |
| | 2.5.A.4.9 | using proper technique through skill | | |
| | 2.5.A.4.10 | drills. | | |
| | 2.5.B.4.1 | Properly demonstrate basic skills | | |
| | 2.5.B.4.2 | and rule knowledge associated with a | | |
| | 2.5.B.4.3 | football game in a lead-up game | | |
| | 2.5.B.4.4 | activity. | | |
| | 2.5.B.4.5 | Demonstrate sportsmanship skills | | |
| | 2.5.B.4.6 | and teamwork skills during the lead- | | |
| | 2.5.B.4.7 | up game. | | |
| | 2.5.B.4.8 | | | |
| | 2.5.D.2.2 | | | |
| | 2.5.D.2.3 | | | |
| | 2.5.C.4.1 | | | |
| | | | | |

| TIMELINE | NJCCCS | SKILLS/ CONTENT OBJECTIVES: | TEACHER'S GUIDE/SUPPLEMENTAL | ASSESSMENTS |
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| | | Students will be able to | MATERIALS | |
| | 2.5.A.4.1 | Lesson 3: Basic Basketball Skills | basketballs | Participation Rubric |
| 3 | 2.5.A.4.2 | | • cones | •Skill Check |
| | 2.5.A.4.3 | Objective(s)SWBAT | • pinnies | Sportsmanship Rubric |
| | 2.5.A.4.3 | •demonstrate the basic basketball | | |
| | 2.5.A.4.6 | rules (traveling, double dribble, 3 | | |
| | 2.5.A.4.7 | seconds, up and down carry, | | |
| | 2.5.A.4.8 | discontinue), terminology, and safety | | |
| | 2.5.A.4.9 | guidelines through a skill activity. | | |
| | 2.5.A.4.10 | •move the basketball around | | |
| | 2.5.B.4.1 | designated area by dribbling using | | |
| | 2.5.B.4.2 | the correct technique trough skill | | |
| | 2.5.B.4.3 | drills. | | |
| | 2.5.B.4.4 | •demonstrate the 3 basketball passes | | |
| | 2.5.B.4.5 | (chest, bounce, baseball) through skill | | |
| | 2.5.B.4.6 | drills. | | |
| | 2.5.B.4.7 | •properly shoot the basketball at a | | |
| | 2.5.B.4.8 | designated target by using the various | | |
| | 2.5.D.2.2 | shots (jump, bank, foul, lay up) | | |
| | 2.5.D.2.3 | though skill drills and lead up games. | | |
| | 2.5.C.4.1 | | | |
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| TIMELINE | NJCCCS | SKILLS/ CONTENT OBJECTIVES: Students will be able to | TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS | ASSESSMENTS |
|----------|------------|---|--|-----------------------|
| | 2.5.A.4.1 | Lesson 4: Basic Volleyball Skills | •trainer volleyballs | •Skill Check |
| | 2.5.A.4.2 | | ●nets | Participation Rubric |
| 3 | 2.5.A.4.3 | Objective(s)SWBAT | •standards | •Sportsmanship Rubric |
| | 2.5.A.4.3 | •Demonstrate the basic volleyball | • gator skin balls | |
| | 2.5.A.4.6 | rules, terminology, and safety | | |
| | 2.5.A.4.7 | guidelines through a skill activity. | | |
| | 2.5.A.4.8 | Demonstrate bumping, digging, and | | |
| | 2.5.A.4.9 | setting through skill drills. | | |
| | 2.5.A.4.10 | •Incorporate the skills in lead-up | | |
| | 2.5.B.4.1 | activities. | | |
| | 2.5.B.4.2 | •Demonstrate basic underhand serve | | |
| | 2.5.B.4.3 | in skill drills. | | |
| | 2.5.B.4.4 | Exhibit basic skills in lead-up | | |
| | 2.5.B.4.5 | activity. | | |
| | 2.5.B.4.6 | | | |
| | 2.5.B.4.7 | | | |
| | 2.5.B.4.8 | | | |
| | 2.5.D.2.2 | | | |
| | 2.5.D.2.3 | | | |
| | 2.5.C.4.1 | | | |
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| TIMELINE | NJCCCS | SKILLS/ CONTENT | TEACHER'S | ASSESSMENTS |
|----------|------------|---|-----------------------------------|--|
| | | OBJECTIVES: | GUIDE/SUPPLEMENTAL | |
| | | Students will be able to | MATERIALS | |
| | 2.5.A.4.1 | Lesson 5: Basic Floor Hockey Skills | | •Skill Check |
| | 2.5.A.4.2 | | hockey sticks | Participation Rubric |
| 3 | 2.5.A.4.3 | •Demonstrate the basic floor hockey | hockey balls | Sportsmanship Rubric |
| | 2.5.A.4.3 | rules, terminology, and safety | • cones, goals | |
| | 2.5.A.4.6 | guidelines through a skill activity. | | |
| | 2.5.A.4.7 | •review the correct way to hold and | | |
| | 2.5.A.4.8 | use the hockey stick by performing | | |
| | 2.5.A.4.9 | skill drills. | | |
| | 2.5.A.4.10 | •review the correct way to dribble a | | |
| | 2.5.B.4.1 | hockey ball through repetition of skill | | |
| | 2.5.B.4.2 | drills. | | |
| | 2.5.B.4.3 | •review the various passes (cross, | | |
| | 2.5.B.4.4 | through, slap shot) by performing | | |
| | 2.5.B.4.5 | skill drills. | | |
| | 2.5.B.4.6 | •review the correct way to shoot a | | |
| | 2.5.B.4.7 | hockey ball through repetition of skill | | |
| | 2.5.B.4.8 | drills. | | |
| | 2.5.D.2.2 | Demonstrate basic skills and rule | | |
| | 2.5.D.2.3 | knowledge associated with a floor | | |
| | 2.5.C.4.1 | hockey game in a lead-up game | | |
| | | activity. | | |
| | | •Demonstrate sportsmanship skills | | |
| | | and teamwork skills during the lead- | | |
| | | up game. | | |

| TIMELINE | NJCCCS | SKILLS/ CONTENT | TEACHER'S | ASSESSMENTS |
|----------|------------|---|--------------------|-------------|
| | | OBJECTIVES: | GUIDE/SUPPLEMENTAL | |
| | | Students will be able to | MATERIALS | |
| | 2.5.A.4.1 | Lesson 6: Basic Lacrosse Skills | Lacrosse Sticks | • |
| | 2.5.A.4.2 | | Lacrosse Balls | • |
| 3 | 2.5.A.4.3 | Objective(s) | ●cones | • |
| | 2.5.A.4.3 | Demonstrate the basic lacrosse | | |
| | 2.5.A.4.6 | rules, terminology, and safety | | |
| | 2.5.A.4.7 | guidelines through a skill activities. | | |
| | 2.5.A.4.8 | Move the lacrosse ball around | | |
| | 2.5.A.4.9 | designated area by cradling through | | |
| | 2.5.A.4.10 | skill drills. | | |
| | 2.5.B.4.1 | •Scoop the lacrosse ball into the | | |
| | 2.5.B.4.2 | lacrosse stick through skill drills and | | |
| | 2.5.B.4.3 | lead up games. | | |
| | 2.5.B.4.4 | •catch and throw the lacrosse ball | | |
| | 2.5.B.4.5 | around designated area through | | |
| | 2.5.B.4.6 | participation in skill drills and lead up | | |
| | 2.5.B.4.7 | games | | |
| | 2.5.B.4.8 | Demonstrate basic skills and rule | | |
| | 2.5.D.2.2 | knowledge associated with a lacrosse | | |
| | 2.5.D.2.3 | game in a lead-up game activity. | | |
| | 2.5.C.4.1 | •Demonstrate sportsmanship skills | | |
| | | and teamwork skills during the lead- | | |
| | | up games. | | |
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| TIMELINE | NJCCCS | SKILLS/ CONTENT | TEACHER'S | ASSESSMENTS |
|----------|------------|---|--------------------|--|
| | | OBJECTIVES: | GUIDE/SUPPLEMENTAL | |
| | | Students will be able to | MATERIALS | |
| | 2.5.A.4.1 | Lesson 7: Basic Softball Skills | ●softballs | Participation Rubric |
| 3 | 2.5.A.4.2 | | •gator balls | •Skill Check |
| | 2.5.A.4.3 | Objective(s): SWBAT | ●bases | Sportsmanship Rubric |
| | 2.5.A.4.3 | •Demonstrate the basic softball rules, | ●cones | |
| | 2.5.A.4.6 | terminology, and safety guidelines | ●bats | |
| | 2.5.A.4.7 | through a skill activity. | ●incrediballs | |
| | 2.5.A.4.8 | Demonstrate catching and throwing | | |
| | 2.5.A.4.9 | through skill drills. | | |
| | 2.5.A.4.10 | Incorporate the skills in lead-up | | |
| | 2.5.B.4.1 | activities. | | |
| | 2.5.B.4.2 | Demonstrate batting through skill | | |
| | 2.5.B.4.3 | drills from a tee. | | |
| | 2.5.B.4.4 | •Incorporate base running while | | |
| | 2.5.B.4.5 | playing a lead-up game. | | |
| | 2.5.B.4.6 | •Discuss and differentiate the various | | |
| | 2.5.B.4.7 | position of the softball field. | | |
| | 2.5.B.4.8 | Discuss the difference between | | |
| | 2.5.D.2.2 | offense and defense. | | |
| | 2.5.D.2.3 | Demonstrate basic skills, rule | | |
| | 2.5.C.4.1 | knowledge, and field positions | | |
| | | associated with a softball game in a | | |
| | | modified game activity. | | |
| | | •Demonstrate sportsmanship skills | | |
| | | and teamwork skills during the | | |
| | | modified. | | |
| | | | | |
| | | | | |

Organized Games

| TIMELINE | NJCCCS | SKILLS/ CONTENT OBJECTIVES: Students will be able to | TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS | ASSESSMENTS |
|----------|------------|--|--|--|
| | 2.5.D.4.1 | Lesson 1: Problem | ●Noodles | •Sportsmanship Rubric |
| 3 | 2.5.D.4.3 | Solving/Cooperative Games | •Mats | Participation Rubric |
| | 2.5.E.4.1 | | •Scooters | •Skill Check |
| | 2.5.B.4.2 | Objective(s)SWBAT | •Cones | |
| | 2.5.A.4.1 | • Employ positive sportsmanship and | Poly Spots | |
| | 2.5.A.4.3 | teamwork skills during the activity. | • Jumpropes | |
| | 2.5.A.4.10 | •Develop problem solving strategies | | |
| | | to accomplish team goal. | | |
| | | | | |
| | 2.5.C.2.1 | Lesson 2: Tag Games | ●Deck Rings | •Sportsmanship Rubric |
| 3 | 2.5.D.2.1 | | ●Cones | Participation Rubric |
| | 2.5.D.2.2 | Objective(s) | •Whistle | •Skill Check |
| | 2.5.D.2.3 | • Demonstrate the correct way to tag | ●Pinnies | |
| | 2.5.E.2.1 | another student. | | |
| | 2.6.C.2.1 | Improve cardiovascular fitness | | |
| | 2.6.A.2.2 | levels while participating in game | | |
| | 2.6.C.2.2 | activity. | | |
| | 2.6.B.2.2 | •Demonstrate spatial awareness | | |
| | | during game activity. | | |
| | | •Demonstrate and discuss the basic | | |
| | | safety rules and guidelines and why | | |
| | | they are important. | | |
| | | | | |

| TIMELINE | NJCCCS | SKILLS/ CONTENT OBJECTIVES: Students will be able to | TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS | ASSESSMENTS |
|----------|------------|--|--|-----------------------|
| | 2.5.B.2.1 | Lesson 3: Kickball | •bases | •Sportsmanship Rubric |
| 3 | 2.5.B.2.2 | Besson D. Irienom | •playground ball | Participation Rubric |
| | 2.5.A.2.2 | Objective(s):SWBAT | •cones | •Skill Check |
| | 2.5.A.2.3 | • Demonstrate and discuss the basic | | 33333 |
| | 2.5.A.2.4 | safety rules and guidelines and why | | |
| | 2.5.A.2.6 | they are important. | | |
| | 2.5.A.2.7 | •Demonstrate kicking, throwing, and | | |
| | 2.5.A.2.8 | base running skills in a game. | | |
| | 2.5.A.2.9 | •Demonstrate basic rules and | | |
| | 2.5.A.2.10 | guidelines while participating in a | | |
| | 2.5.B.2.5 | kickball game. | | |
| | 2.5.B.2.6 | • Employ positive sportsmanship and | | |
| | 2.5.D.2.3 | teamwork skills during the activity. | | |
| | 2.5.E.2.1 | | | |
| | | | | |
| | 2.5.B.2.1 | Lesson 4: Crabball | ●crabball | •Sportsmanship Rubric |
| 3 | 2.5.B.2.2 | | •cones | Participation Rubric |
| | 2.5.A.2.2 | Objective(s) SWBAT | •whistle | •Skill Check |
| | 2.5.A.2.3 | •Demonstrate proper technique of | | |
| | 2.5.A.2.4 | kicking a ball in the crabwalk position | | |
| | 2.5.A.2.6 | in the game. | | |
| | 2.5.A.2.7 | •Enhance cardiovascular fitness | | |
| | 2.5.A.2.8 | during the game. | | |
| | 2.5.A.2.9 | •Employ positive sportsmanship and | | |
| | 2.5.A.2.10 | teamwork skills in the game. | | |
| | 2.5.B.2.5 | Utilize eye-foot coordination when | | |
| | 2.5.B.2.6 | performing the skills in the game. | | |
| | 2.5.D.2.3 | | | |
| | 2.5.E.2.1 | | | |

| OBJECTIVES: Students will be able to 2.5.B.2.1 Objective(s)SWBAT 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.7 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.A.2.9 2.5.A.2.9 2.5.B.2.5 2.5.B.2.6 2.5.B.2.6 2.5.B.2.5 2.5.B.2.6 2.5.B.2.6 | |
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| 2.5.B.2.1 2.5.B.2.2 2.5.A.2.2 Objective(s)SWBAT 2.5.A.2.4 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 Improve large muscle coordination, balance, agility, speed, spatial awareness, and muscular strength 2.5.B.2.5 2.5.B.2.6 2.5.B.2.6 Improve cardiovascular fitness levels while participating in game activity. 2.5.B.2.1 2.5.B.2.1 2.5.B.2.1 2.5.B.2.1 2.5.B.2.1 2.5.B.2.6 2.5.B.2.6 2.5.B.2.1 2.5.B.2.1 2.5.B.2.1 2.5.B.2.6 2 | |
| 2.5.B.2.2 2.5.A.2.3 Objective(s)SWBAT 2.5.A.2.4 Develop team work skills by participating in organized games. 2.5.A.2.6 Correctly perform and incorporate locomotor skills during game playing. 2.5.A.2.8 1.5.A.2.9 2.5.A.2.10 2.5.B.2.5 2.5.B.2.6 2.5.D.2.3 2.5.E.2.1 Objective(s)SWBAT Solve (s)SWBAT Solve (s)S | |
| 2.5.A.2.2 2.5.A.2.3 | Cuone |
| 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.A.2.10 2.5.B.2.5 2.5.B.2.6 2.5.B.2.6 2.5.B.2.6 2.5.B.2.1 • Develop team work skills by participating in organized games. • Correctly perform and incorporate locomotor skills during game playing. • Improve large muscle coordination, balance, agility, speed, spatial awareness, and muscular strength while playing games. • alphabet letters • spelling word list • hula hoops • bean bags • simple math problems • jump ropes • batons | |
| 2.5.A.2.4 participating in organized games. 2.5.A.2.6 •Correctly perform and incorporate locomotor skills during game playing. 2.5.A.2.8 •Improve large muscle coordination, balance, agility, speed, spatial awareness, and muscular strength vhile playing games. 2.5.B.2.5 •Improve cardiovascular fitness 2.5.B.2.6 •Improve cardiovascular fitness 2.5.D.2.3 levels while participating in game activity. •spelling word list •hula hoops •bean bags •simple math problems •jump ropes •batons | |
| 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.A.2.10 2.5.B.2.5 2.5.B.2.6 2.5.D.2.3 2.5.B.2.1 •Correctly perform and incorporate locomotor skills during game playing. •hula hoops •bean bags •simple math problems •jump ropes •batons •hula hoops •bean bags •simple math problems •jump ropes •batons | |
| 2.5.A.2.7 locomotor skills during game playing. 2.5.A.2.8 •Improve large muscle coordination, balance, agility, speed, spatial awareness, and muscular strength 2.5.A.2.10 awareness, and muscular strength 2.5.B.2.5 while playing games. 2.5.B.2.6 •Improve cardiovascular fitness 2.5.D.2.3 levels while participating in game 2.5.E.2.1 activity. | |
| 2.5.A.2.8 2.5.A.2.9 balance, agility, speed, spatial awareness, and muscular strength 2.5.B.2.5 while playing games. 2.5.B.2.6 2.5.D.2.3 levels while participating in game 2.5.E.2.1 •simple math problems •jump ropes •batons •batons | |
| 2.5.A.2.9 balance, agility, speed, spatial awareness, and muscular strength batons 2.5.B.2.5 while playing games. 2.5.B.2.6 •Improve cardiovascular fitness 2.5.D.2.3 levels while participating in game activity. •jump ropes •batons | |
| 2.5.A.2.10 awareness, and muscular strength while playing games. 2.5.B.2.6 •Improve cardiovascular fitness 2.5.D.2.3 levels while participating in game activity. •batons •batons | |
| 2.5.B.2.5 while playing games. 2.5.B.2.6 •Improve cardiovascular fitness 2.5.D.2.3 levels while participating in game 2.5.E.2.1 activity. | |
| 2.5.D.2.3 levels while participating in game activity. | |
| 2.5.E.2.1 activity. | |
| | |
| | |
| •Demonstrate the correct way to tag | |
| another student. | |
| | |
| 2.5.B.2.1 Lesson 6: Noodle Activities • Noodles (long & short) • Sportsmanship | |
| 3 2.5.B.2.2 •Buckets •Participation R | lubric |
| 2.5.A.2.2 Objective(s)SWBAT • Cones • Skill Check | |
| 2.5.A.2.3 •Enhance cardiovascular fitness •Noodle pieces | |
| 2.5.A.2.4 while participating in activity. • Whistle | |
| 2.5.A.2.6 •Improve eye-hand coordination by | |
| 2.5.A.2.7 striking a thrown object with the | |
| 2.5.A.2.8 noodle. | |
| 2.5.A.2.9 • Demonstrate spatial awareness | |
| 2.5.A.2.10 during game activity. | |
| 2.5.B.2.5 • Develop team work skills by | |
| 2.5.B.2.6 participating in noodle games. 2.5.D.2.3 • Demonstrate and discuss the basic | |
| 2.5.E.2.1 Demonstrate and discuss the basic safety rules and guidelines and why | |
| they are important. | |
| •Change movement as changes occur | |
| in environment. | |
| п силионнене. | |

| TIMELINE | NJCCCS | SKILLS/ CONTENT OBJECTIVES: Students will be able to | TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS | ASSESSMENTS |
|----------|---|--|--|--|
| 3 | 2.5.B.2.1 2.5.B.2.2 2.5.A.2.2 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.A.2.10 2.5.B.2.5 2.5.B.2.6 2.5.D.2.3 2.5.E.2.1 | Lesson 7: Pin Bombardment Objective(s) Enhance cardiovascular fitness while participating in activity. Improve eye-hand coordination by striking a thrown object with the noodle. Demonstrate spatial awareness during game activity. Demonstrate and discuss the basic safety rules and guidelines and why they are important. Change movement as changes occur in environment. | •gator balls •cones •indian clubs/bowling pins | ●Skill check ●Participation Rubric ●Sportsmanship Rubric |