

BRIDGETON PUBLIC SCHOOLS

3rd – 4th Grade

UNIT/PACING CHART

UNIT II: Movement Locomotor/Non Locomotor

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1	2.5.4.A.1 2.5.4.A.2 2.5.4.A.3 2.5.6.A.1 2.6.4.A.2	<p><u>Lesson 1: Applying Locomotor/Non Locomotor Skills to physical activity</u></p> <p>Objective(s)SWBAT</p> <ul style="list-style-type: none"> Identify each health related and skill related fitness component Demonstrate essential elements of movement while performing non locomotor (stretching, bending),locomotor (gallop,running) and manipulative skills (throwing and striking). Demonstrate appropriate control when engaging in game, activity, and/or dance in various applied settings 	<ul style="list-style-type: none"> CD player CDs Scarves Poly Spots Hula Hoops Batons Scooters Hurdles Gator Balls Mats Pinnies 	P.E. RUBRIC
2	2.5.4 A.1 2.5.4.A.3 2.5.6.A.1 2.6.2.A.1	<p><u>Lesson 2: Directionality, Spatial Level, and Dodging</u></p> <p>Objective(s)SWBAT</p> <ul style="list-style-type: none"> Combine accurate rhythm coordination and movement patterns while participating in games, 	<ul style="list-style-type: none"> CD player CDs cones poly spots Hula Hoops Tunnels Hurdles 	P.E. RUBRIC

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		activities, and dance	<ul style="list-style-type: none"> • Scooters • Batons • Volleyball Trainers • Beachballs • Volleyball Nets • Soccer Goals 	
2	2.5.4.A.1 2.5.4.A.2 2.5.4.A.3 2.5.6.A.1 2.5.6.A.2	<p align="center"><i>Lesson 3: Perform Sequential Movement Patterns</i></p> <p>Objective(s):SWBAT</p> <ul style="list-style-type: none"> • Combine accurate rhythm, coordination, and movement patterns while participating in games, activities, and dance • Create and demonstrate a rhythmic routine/dance of smooth flowing sequential movement patterns • Demonstrate a synchronized group rhythmic group activity/game that engages students in moderate to vigorous physical activity 	<ul style="list-style-type: none"> • CD Players • CDs • Ipod • Cones • Hula Hoops • Poly Spots • Scooters • Batons • Volleyball Trainers • Beachballs • Volleyball Nets • Soccer Goals 	P.E. RUBRIC