

**BRIDGETON PUBLIC SCHOOLS**

**3<sup>rd</sup> – 4<sup>th</sup> Grade**

**UNIT/PACING CHART**

**UNIT IV: Lifetime/Cooperative Activities**

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1	2.5.4.B.2  2.5.4.C.1	<p align="center"><b><u>Lesson 1: Introduction to Lifetime/Cooperative Activities</u></b></p> <p><b>Objective(s)SWBAT</b></p> <ul style="list-style-type: none"> <li>Identify the characteristics of good sportsmanship that are displayed by both players and observers</li> <li>Describe how team members may motivate each other for success during cooperative games and activities</li> </ul>	<ul style="list-style-type: none"> <li>CD player</li> <li>CDs</li> <li>Scarves</li> <li>Poly Spots</li> <li>Hula Hoops</li> <li>Bean Bags</li> <li>Yarn Balls</li> <li>Gator Balls</li> <li>Playground Ball</li> <li>Scooters</li> <li>Mats</li> <li>Noodles</li> <li>Jump Ropes</li> </ul>	P.E. RUBRIC
2-3	2.5.4.B.1 2.5.4.B.2  2.5.6.B.1	<p align="center"><b><u>Lesson 2: Cooperative Activities</u></b></p> <p><b>Objective(s)SWBAT</b></p> <ul style="list-style-type: none"> <li>Explain and demonstrate how to maintain possession in competitive, partner and small group games, sports and activities</li> <li>Demonstrate effective team building skills in a variety of cooperative</li> </ul>	<ul style="list-style-type: none"> <li>CD player</li> <li>CDs</li> <li>Scarves</li> <li>Poly Spots</li> <li>Hula Hoops</li> <li>Bean Bags</li> <li>Yarn Balls</li> <li>Gator Balls</li> <li>Playground Ball</li> </ul>	P.E. RUBRIC

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		physical challenges and activities	<ul style="list-style-type: none"> <li>• Scooters</li> <li>• Mats</li> <li>• Noodles</li> <li>• Jump Ropes</li> <li>• Volleyball Trainers</li> <li>• Beachballs</li> <li>• Noodles</li> <li>• Bases</li> </ul>	
2-3	2.5.4.A.1 2.5.4.A.2 2.5.4.A.3  2.5.4.B.1  2.5.6.A.1 2.5.6.A.2  2.6.4.A.1	<p align="center"><b><u>Lesson 3: Tag Games</u></b></p> <p><b>Objective(s):SWBAT</b></p> <ul style="list-style-type: none"> <li>• Compare and contrast the proper situations for strategies (faking, dodging, defending open space) to be implemented</li> <li>• Demonstrate appropriate control when in engaging in game activity or dance in various applied settings</li> <li>• Determine the short and long term physical, social, and emotional benefits of participating in regular physical activity</li> </ul>	<ul style="list-style-type: none"> <li>• CD Players</li> <li>• CDs</li> <li>• Ipod</li> <li>• Cones</li> <li>• Hula Hoops</li> <li>• Poly Spots</li> <li>• Scooters</li> <li>• Noodles</li> <li>• Rubber Chickens</li> <li>• Scarves</li> <li>• Bases</li> </ul>	P.E. RUBRIC
2-3	2.5.4.A.2  2.5.4.C.1	<p align="center"><b><u>Lesson 4: Relays</u></b></p> <p><b>Objective(s):SWBAT</b></p> <ul style="list-style-type: none"> <li>• Demonstrate essential elements of movement while performing non locomotive, locomotor, and</li> </ul>	<ul style="list-style-type: none"> <li>• CD Players</li> <li>• CDs</li> <li>• Ipod</li> <li>• Cones</li> <li>• Hula Hoops</li> <li>• Poly Spots</li> </ul>	P.E. RUBRIC

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		<p>manipulative skills</p> <ul style="list-style-type: none"> <li>Identify characteristics of good sportsmanship that are displayed by both players and observers</li> <li>Demonstrate appropriate control when engaging in game, activity, or dance in various applied settings</li> </ul>	<ul style="list-style-type: none"> <li>Scooters</li> <li>Noodles</li> <li>Rubber Chickens</li> <li>Scarves</li> <li>Bases</li> <li>Hurdles</li> <li>Mats</li> </ul>	
2-3	2.5.4.A.4 2.6.6.A.2	<p align="center"><b><i>Lesson 5: <u>Yoga</u></i></b></p> <p><b>Objective(s):SWBAT</b></p> <ul style="list-style-type: none"> <li>Explain and demonstrate specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components</li> <li>Explain how the correction of movement errors in response to teacher/peer feedback will improve movement in game, activity, or dance</li> </ul>	<ul style="list-style-type: none"> <li>Mats</li> <li>Yoga Poses Charts/Cards</li> <li>CD Player</li> <li>Relaxation CDs</li> </ul>	P.E. RUBRIC
2-3	2.5.4.A.1  2.5.4.B.1  2.5.6.B.1  2.5.4.C.1 2.5.4.C.2	<p align="center"><b><i>Lesson 6: <u>Team Sports</u></i></b></p> <p><b>Objective(s):SWBAT</b></p> <ul style="list-style-type: none"> <li>Demonstrate fundamental offensive and defensive strategies (faking, dodging, defending open space) in an isolated setting (skill practice)</li> <li>Explain and demonstrate how to maintain team possession in competitive, partner, and small group games, sports and activities</li> </ul>	<ul style="list-style-type: none"> <li>CD Players</li> <li>CDs</li> <li>Ipod</li> <li>Cones</li> <li>Hula Hoops</li> <li>Poly Spots</li> <li>Scooters</li> <li>Noodles</li> <li>Rubber Chickens</li> <li>Scarves</li> <li>Bases</li> </ul>	P.E. RUBRIC

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		<ul style="list-style-type: none"><li>• Demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities</li></ul>	<ul style="list-style-type: none"><li>• Basketballs</li><li>• Soccer Balls</li><li>• Goals</li><li>• Bats</li><li>• Volleyballs</li><li>• Volleyball Nets</li><li>• Lacrosse Sticks</li><li>• Pillow Hockey Sticks</li><li>• Floor Hockey Sticks</li></ul>	
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