

BRIDGETON PUBLIC SCHOOL
5th -8th Grade Physical Education
Recreational Games
UNIT/PACIING CHART

Unit-IV. Recreational Games

Time Line	NJCCCS	SKILLS/CONTENT OBJECTIVES: Students Will Be Able To:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
<p style="text-align: center;">Number of Days</p> <p style="text-align: center;">1</p>	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	<p style="text-align: center;">Lesson 1: Basketball/Baseball</p> <p>Objective(s) SWBAT</p> <ul style="list-style-type: none"> • Demonstrate proper technique of throwing and shooting a basketball in the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • basketball • bases/cones • basketball rims 	<ul style="list-style-type: none"> • Participation rubric • Skill check
<p style="text-align: center;">1</p>	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	<p style="text-align: center;">Lesson 2: Crab ball</p> <p>(<u>variations</u>: 4 corner crab ball and 4 wall crab ball)</p> <p>Objective(s) SWBAT</p> <ul style="list-style-type: none"> • Demonstrate proper technique of kicking a ball in the crabwalk position in the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-foot coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • 1-2 crab balls 	<ul style="list-style-type: none"> • Participation rubric • Skill check

Time Line	NJCCCS	SKILLS/CONTENT OBJECTIVES: Students Will Be Able To:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
Number of Days 1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	<p style="text-align: center;">Lesson 3: Fire and Ice</p> Objective(s):SWBAT <ul style="list-style-type: none"> • Demonstrate proper technique of catching and throwing skills during the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • 3 red gator balls • 3 blue gator balls 	<ul style="list-style-type: none"> • Participation rubric • Skill check
1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	<p style="text-align: center;">Lesson 4: Free for All</p> Objective(s):SWBAT <ul style="list-style-type: none"> • Demonstrate proper technique of catching, throwing and spatial awareness while evading. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • 1-6 gator balls 	<ul style="list-style-type: none"> • Participation rubric • Skill check

Time Line	NJCCCS	SKILLS/CONTENT OBJECTIVES: Students Will Be Able To:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
Number of Days 1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	<p style="text-align: center;">Lesson 5: Jump rope</p> <p>Objective(s) SWBAT</p> <ul style="list-style-type: none"> • Demonstrate proper technique of jumping rope (single, long, and double Dutch). • Enhance cardiovascular fitness while jumping rope. 	<ul style="list-style-type: none"> • jump ropes 	<ul style="list-style-type: none"> • Participation rubric • Skill check
1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	<p style="text-align: center;">Lesson 6: Long Base/Short Base</p> <p>Objective(s)SWBAT</p> <ul style="list-style-type: none"> • Demonstrate proper technique of catching, throwing, and kicking skills during the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand and eye-foot coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • bases/cones • gym mat • kickball 	<ul style="list-style-type: none"> • Participation rubric • Skill check

Time Line	NJCCCS	SKILLS/CONTENT OBJECTIVES: Students Will Be Able To:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
Number of Days 1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	Lesson 7: Monster Ball Objective(s) SWBAT <ul style="list-style-type: none"> • Demonstrate proper technique of pushing and hitting a crab ball during the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • 1 crab ball 	<ul style="list-style-type: none"> • Participation rubric • Skill check
1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	Lesson 8: Pin Bombardment Objective(s) SWBAT <ul style="list-style-type: none"> • Demonstrate proper technique of catching and throwing skills during the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • Indian Club Pins/Bowling Pins • 24 gator skin balls 	<ul style="list-style-type: none"> • Participation rubric • Skill check

Time Line	NJCCCS	SKILLS/CONTENT OBJECTIVES: Students Will Be Able To:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
Number of Days 1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	Lesson 9: Scooter Hockey Objective(s) SWBAT <ul style="list-style-type: none"> • Demonstrate proper technique of hitting the ball in the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • 12 scooters • scooter hockey sticks • gator skin ball 	<ul style="list-style-type: none"> • Participation rubric • Skill check
1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	Lesson 10: Sharks and Minnows Objective(s) SWBAT <ul style="list-style-type: none"> • Demonstrate proper technique of running, dodging, and spatial awareness in the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand coordination when trying to take flags in the game 	<ul style="list-style-type: none"> • Cones/Field Markers • Flag Football flags 	<ul style="list-style-type: none"> • Participation rubric • Skill check

Time Line	NJCCCS	SKILLS/CONTENT OBJECTIVES: Students Will Be Able To:	TEACHER'S GUIDE/SUPPLEMENTAL	ASSESSMENTS
------------------	---------------	---	---	--------------------

			MATERIALS	
Number of Days 1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	<p align="center">Lesson 11: Skyline Ball</p> <p>Objective(s)SWBAT</p> <ul style="list-style-type: none"> • Demonstrate proper technique of catching and throwing skills during the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • Skyline ball • Basketball Rims • 12 gator skin balls 	<ul style="list-style-type: none"> • Participation rubric • Skill check
1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	<p align="center">Lesson 12: Soccer/Basketball</p> <p>Objective(s) SWBAT</p> <ul style="list-style-type: none"> • Demonstrate proper technique of soccer skills during the game. • Demonstrate basketball passing and shooting skills during the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-foot and eye-hand coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • 2 basketball courts • 1 indoor soccer ball 	<ul style="list-style-type: none"> • Participation rubric • Skill check

Time Line	NJCCCS	SKILLS/CONTENT OBJECTIVES: Students Will Be Able To:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
Number of Days 1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	Lesson 13: Steal the Bacon Objective(s) SWBAT <ul style="list-style-type: none"> • Demonstrate proper technique of running, dodging, and spatial awareness in the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand coordination when trying to “Steal the Bacon” 	<ul style="list-style-type: none"> • Rubber chicken or a small object to take 	<ul style="list-style-type: none"> • Participation rubric • Skill check
1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	Lesson 14: Ultimate Kickball Objective(s): SWBAT <ul style="list-style-type: none"> • Demonstrate proper technique of catching, throwing, and kicking skills during the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand and eye-foot coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • bases/cones • 4-5 kickball's • score flipchart 	<ul style="list-style-type: none"> • Participation rubric • Skill check

Time Line	NJCCCS	SKILLS/CONTENT OBJECTIVES: Students Will Be Able To:	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
Number of Days 1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	Lesson 15: Ultimate Softball Objective(s): SWBAT <ul style="list-style-type: none"> • Demonstrate proper technique of catching, throwing, and batting skills during the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • bases/cones • Bats • 7" Gatorskin ball • score flipchart 	<ul style="list-style-type: none"> • Participation rubric • Skill check
1	2.5.A.6.1 2.5.A.6.2 2.5.A.6.4 2.5.B.6.1 2.5.B.6.2 2.5.C.6.1 2.5.C.6.2 2.6.A.6.6 2.5.A.8.2 2.5.B.8.1 2.5.C.8.1 2.5.C.8.2 2.5.C.8.3 2.6.A.8.5	Lesson 16: Ultimate Soccer Objective(s)SWBAT <ul style="list-style-type: none"> • Demonstrate proper technique of soccer skills during the game. • Enhance cardiovascular fitness during the game. • Employ positive sportsmanship and teamwork skills in the game. • Utilize eye-hand and eye-foot coordination when performing the skills in the game. 	<ul style="list-style-type: none"> • 2-3 soccer balls • soccer goal/goal area 	<ul style="list-style-type: none"> • Participation rubric • Skill check