

BRIDGETON PUBLIC SCHOOLS

K – 2nd Grade

UNIT/PACING CHART

Rhythmic Activities

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1	2.5.A.2.2 2.5.A.2.5 2.5.A.2.8 2.5.A.2.10 2.5.B.2.3 2.5.B.2.5 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.9 2.5.B.2.1 2.5.B.2.2 2.5.B.2.4 2.5.B.2.6	Lesson 1: History of movement, rhythms, and dance associated with culture and sports. Objective(s)SWBAT ●Discuss how rhythms and dance are essential components of sports. ●List dances and corresponding country of origin. ●Identify underlying beats within music while performing a specific move movement.	●CD player ●CDs ●Dance list ●Construction Paper Lollipops ●Scarves ●Rhythm Sticks	●participation rubric ●skill check
5	2.5.A.2.2 2.5.A.2.5 2.5.A.2.8 2.5.A.2.10 2.5.B.2.3 2.5.B.2.5 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.9 2.5.B.2.1 2.5.B.2.2 2.5.B.2.4 2.5.B.2.6	Lesson 2: Dance and Aerobics Objective(s)SWBAT ●Combine steps in sequence with music to create a fluid movement. ●Develop left/ right and forward/backward discrimination. ●Learn to adjust movement to tempo, beat, or rhythm. ●Respond to auditory and visual cues. ●Distinguish between personal and general space while performing movement.	●CD player ●CDs ●Dance instructions ●cones ●poly spots	● participation rubric ● skill check

Movement

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1	2.5.A.2.4 2.5.B.2.4 2.5.B.2.5	<p>Lesson 1: Introduction to Personal and General Space</p> <p>Objective(s)SWBAT</p> <ul style="list-style-type: none"> ●Movement throughout a designated area without interfering with others in same area. ●Correctly perform locomotor skills while moving throughout a designated area. 	<ul style="list-style-type: none"> ●hula hoops ●poly spots ●newspapers ●CDs ●CD player 	<ul style="list-style-type: none"> ●participation rubric ●skill check ●sportsmanship rubric
3	2.5.A.2.1 2.5.A.2.2. 2.5.A.2.3 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.B.2.2 2.5.B.2.6 2.5.B.2.5	<p>Lesson 2: Locomotor and Non- Locomotor Movemet</p> <p>Objective(s)SWBAT</p> <ul style="list-style-type: none"> ● Correctly perform locomotor skills while moving throughout a designated area. ●Recognize and perform non-locomotor skills while in personal space. ●Transition from locomotor to non-locomoter skills and remain in personal space. 	<ul style="list-style-type: none"> ●Hula Hoops ●Poly spots ●CD player ●CDs ●Newspapers ●Cones 	<ul style="list-style-type: none"> ●Participation rubric ●Skill check ●Sportsmanship rubric ● ●

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5	2.5.A.2.1 2.5.A.2.2. 2.5.A.2.3 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.B.2.2 2.5.B.2.6 2.5.B.2.5	Lesson 3: Directionality, Spatial Levels, And Dodging Objective(s)SWBAT ●Perform locomotor and non-locomotor skills while changing directions, paths, and levels.	●CDs ●CD Player ●Poly Spots ●Whistle ●Cones ●Directional Floor Arrows ●Over/Under Hurdle	●Participation Rubric ●Skill Check ●Sportsmanship Rubric
5	2.5.A.2.1 2.5.A.2.2. 2.5.A.2.3 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.B.2.2 2.5.B.2.6 2.5.B.2.5	Lesson 4: Throwing, Catching, Kicking, Dribbling Objective(s)SWBAT ●Demonstrate proper technique for throwing, catching, kicking and dribbling a bean bag/ ball. ●Enhance eye-hand and eye-foot coordination while correctly perform skills.	●Bean Bags ●Gator balls ●CDs ●CD Player ●Poly Spots ●Basketballs	●Skill Check ●Participation Rubric ●Sportsmanship Rubric

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5	2.5.B.2.1 2.5.B.2.2 2.5.A.2.2 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.A.2.10 2.5.B.2.5 2.5.B.2.6 2.5.D.2.3 2.5.E.2.1	Lesson 5: Yoga Objective(s)SWBAT <ul style="list-style-type: none"> ●Perform basic yoga moves while in personal space. ●Develop flexibility while participating in yoga activity. ●Increase sportsmanship during activity by helping other students who may struggle with yoga poses. ●Demonstrate knowledge of yoga poses by performing a called pose without looking at the picture. 	<ul style="list-style-type: none"> ●CDs ●CD Player ●Yoga Cards ●Poly Spots 	<ul style="list-style-type: none"> ●Skill Check ●Participation Rubric ●Sportsmanship Rubric

Organized Games

TIMELINE	NJCCCS	SKILLS/ CONTENT OBJECTIVES: Students will be able to	TEACHER'S GUIDE/SUPPLEMENTAL MATERIALS	ASSESSMENTS
1	2.5.C.2.1 2.5.D.2.1 2.5.D.2.2 2.5.D.2.3 2.5.E.2.1 2.6.C.2.1 2.6.A.2.2 2.6.C.2.2 2.6.B.2.2	Lesson 1: Introduction to Organized Game Play Objective(s)SWBAT <ul style="list-style-type: none"> ●Develop team work skills by participating in organized games. ●Correctly perform and incorporate locomotor skills during game playing. ●Improve large muscle coordination, balance, agility, speed, spatial awareness, and muscular strength while playing games. ●Improve cardiovascular fitness levels while participating in game activity. ●Demonstrate the correct way to tag another student. 	<ul style="list-style-type: none"> ●cones ●poly spots ●whistle 	<ul style="list-style-type: none"> ●Sportsmanship Rubric ●Participation Rubric ●Skill Check
3	2.5.C.2.1 2.5.D.2.1 2.5.D.2.2 2.5.D.2.3 2.5.E.2.1 2.6.C.2.1 2.6.A.2.2 2.6.C.2.2 2.6.B.2.2	Lesson 2: Tag Games Objective(s) <ul style="list-style-type: none"> ● Demonstrate the correct way to tag another student. ● Improve cardiovascular fitness levels while participating in game activity. ●Demonstrate spatial awareness during game activity. ●Demonstrate and discuss the basic safety rules and guidelines and why they are important. 	<ul style="list-style-type: none"> ●Deck Rings ●Cones ●Whistle ●Pinnies 	<ul style="list-style-type: none"> ●Sportsmanship Rubric ●Participation Rubric ●Skill Check

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3	2.5.B.2.1 2.5.B.2.2 2.5.A.2.2 2.5.A.2.3 2.5.A.2.4 2.5.A.2.6 2.5.A.2.7 2.5.A.2.8 2.5.A.2.9 2.5.A.2.10 2.5.B.2.5 2.5.B.2.6 2.5.D.2.3 2.5.E.2.1	Lesson 3: Parachute Play Objective(s) <ul style="list-style-type: none"> ● Demonstrate proper hand position for holding the parachute while participating in various parachute movement activities. ● Develop team work skills by working together to make waves with the parachute. ● Reinforce moving through levels by participating in parachute play. ● Demonstrate spatial awareness while changing positions during parachute play. 	<ul style="list-style-type: none"> ● CD – <u>Parachute Play</u> ● CD Player ● Parachute - large ● Parachute - small ● Yarn Balls ● Gym mat 	<ul style="list-style-type: none"> ● Sportsmanship Rubric ● Participation Rubric ● Skill Check
3	2.5.B.2.2 2.5.D.2.2 2.5.D.2.3 2.6.C.2.1	Lesson 4: Scooter Activities and Games Objective(s)SWBAT <ul style="list-style-type: none"> ● Strengthen large muscle groups while moving on the scooter. ● Enhancing cardiovascular fitness while participating in scooter activities. ● Demonstrate and discuss the basic safety rules and guidelines and why they are important. 	<ul style="list-style-type: none"> ● scooters ● cones ● whistle ● crab ball 	<ul style="list-style-type: none"> ● Sportsmanship Rubric ● Participation Rubric ● Skill Check

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3	2.5.C.2.1 2.5.D.2.1 2.5.D.2.2 2.5.D.2.3 2.5.E.2.1 2.6.C.2.1 2.6.A.2.2 2.6.C.2.2 2.6.B.2.2	<p>Lesson 5: Relays</p> <p>Objective(s)SWBAT</p> <ul style="list-style-type: none"> ● Develop team work skills by participating in organized games. ● Correctly perform and incorporate locomotor skills during game playing. ● Improve large muscle coordination, balance, agility, speed, spatial awareness, and muscular strength while playing games. ● Improve cardiovascular fitness levels while participating in game activity. ● Demonstrate the correct way to tag another student. 	<ul style="list-style-type: none"> ● cones ● poly spots ● scooters ● alphabet letters ● spelling word list ● hula hoops ● bean bags ● simple math problems ● jump ropes ● batons 	<ul style="list-style-type: none"> ● Sportsmanship Rubric ● Participation Rubric ● Skill Check
3	2.5.C.2.1 2.5.D.2.1 2.5.D.2.2 2.5.D.2.3 2.5.E.2.1 2.6.C.2.1 2.6.A.2.2 2.6.C.2.2 2.6.B.2.2	<p>Lesson 6: Noodle Activities</p> <p>Objective(s)SWBAT</p> <ul style="list-style-type: none"> ● Enhance cardiovascular fitness while participating in activity. ● Improve eye-hand coordination by striking a thrown object with the noodle. ● Demonstrate spatial awareness during game activity. ● Develop team work skills by participating in noodle games. ● Demonstrate and discuss the basic safety rules and guidelines and why they are important. ● Change movement as changes occur in environment. 	<ul style="list-style-type: none"> ● Noodles (long & short) ● Buckets ● Cones ● Noodle pieces ● Whistle ● Animal Pictures 	<ul style="list-style-type: none"> ● Sportsmanship Rubric ● Participation Rubric ● Skill Check

